



Serene Greenland – To the World's Largest National Park

MS Fram, 5 – 19 September 2026

Greenland



Legend

HX Expedition

Day 1 — Reykjavik

The polar adventure began as MS Fram welcomed guests aboard in Reykjavik. The crew members were all smiling as guests arrived in their cabins, collected their expedition boots, and took part in the

safety drill. The Expedition Leader and Hotel Manager then gave guests an introductory lecture about life on board.



Day 2 – Denmark Strait

Guests spent their first sea day between Iceland and Greenland, with the chance to enjoy introductory lectures by the Expedition Team, workshops, the gym, the hot tubs, or simply to continue reading. The Denmark Strait lies between Greenland and Iceland, marking the

pathway between an ancient continent and one of Earth's youngest volcanic landscapes. Here, the geological journey began, and so did the Northern Lights.

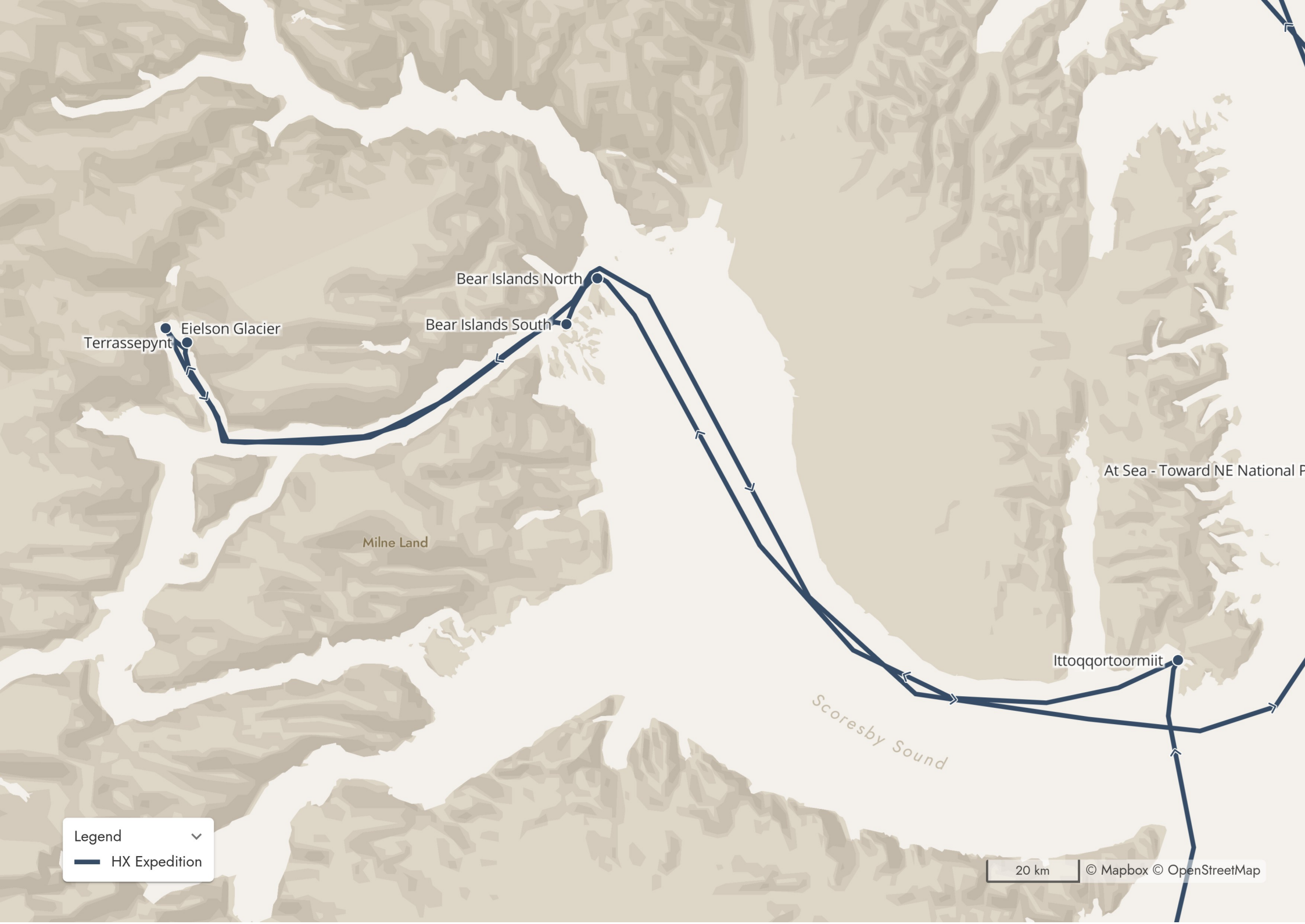


Day 3 – Ittoqqortoormiit

The day was all about geology and culture. On arrival at the coast of East Greenland, guests encountered some of the most ancient rocks on Earth, a record of geological history stretching back nearly three billion years. The Expedition Team guided guests through one of the most isolated communities in Greenland. The contrast with life at

home gave guests a deep sense of perspective. The excursion closed with a friendly football match between the boys of Ittoqqortoormiit and crew from MS Fram. When the sun went down, the second night of Northern Lights followed.





Legend

— HX Expedition

20 km

© Mapbox © OpenStreetMap

Day 4 — Bear Islands

This morning the sunrise made the gigantic glaciers around the ship look even more spectacular. Guests visited a unique landing site with old remains of the Thule culture, the paleo-Inuit people who built semi-subterranean winter houses, set in a mountainous and pristine landscape. After lunch the Expedition Team took guests on an

expedition boat navigation to a stunning fjord. The mountains were breathtaking, the icebergs immense, and the wind made the navigation wet and adventurous. After sunset, even more Northern Lights appeared.





Day 5 – Terrassepynt & Eielson Glacier

Operations ran during the morning only. At Terrassepynten, guests could observe ancient basement rocks formed deep within Earth's crust more than a billion years ago, later lifted into mountains and carved by glaciers like Eielson. These rocks, mostly gneisses, were

rich in red garnets, a semi-precious mineral whose erosion painted the beach pink. Some guests went on an extensive hike, which proved amazing. Musk oxen showed up in many places, allowing all guests good sightings.



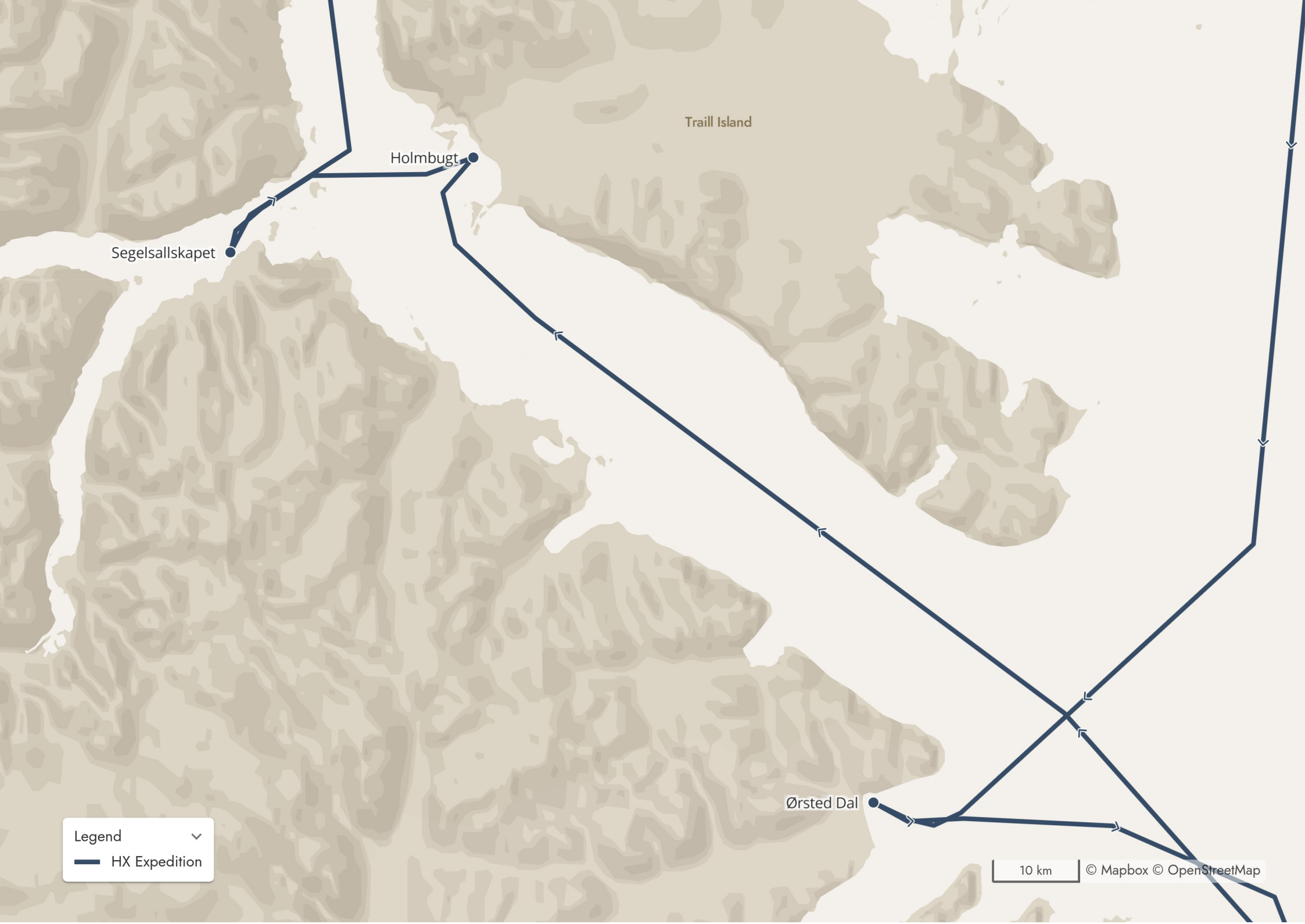


Day 6 – At Sea

The weather forced a change of plans, so the day became a sea day. The Expedition Team kept guests entertained throughout the day with lectures on history, polar bears, geology, and a recap of the last

couple of days. Some guests went to the gym, others relaxed in the outdoor hot tubs, and others simply adjusted to the waves.





Traill Island

Holmbugt

Segelsallskapet

Ørsted Dal

Legend



— HX Expedition

10 km

© Mapbox © OpenStreetMap

Day 7 – Holmbugt & Segelsallskapet

The first landing let guests set foot in the National Park. Guests stretched their legs walking up to a beautiful view of inland mountains as far as the eye could see. In the afternoon, the contact with nature was remarkable: layers of sand, mud, and limestone deposited in a sea 900–600 million years ago, when Greenland lay under an ocean

now long disappeared. These rainbow layers are part of the Eleonore Bay Supergroup and display different colours and rock types recording changing chemical and environmental conditions. The 'bacon rocks' and the Arctic hares were the highlight.



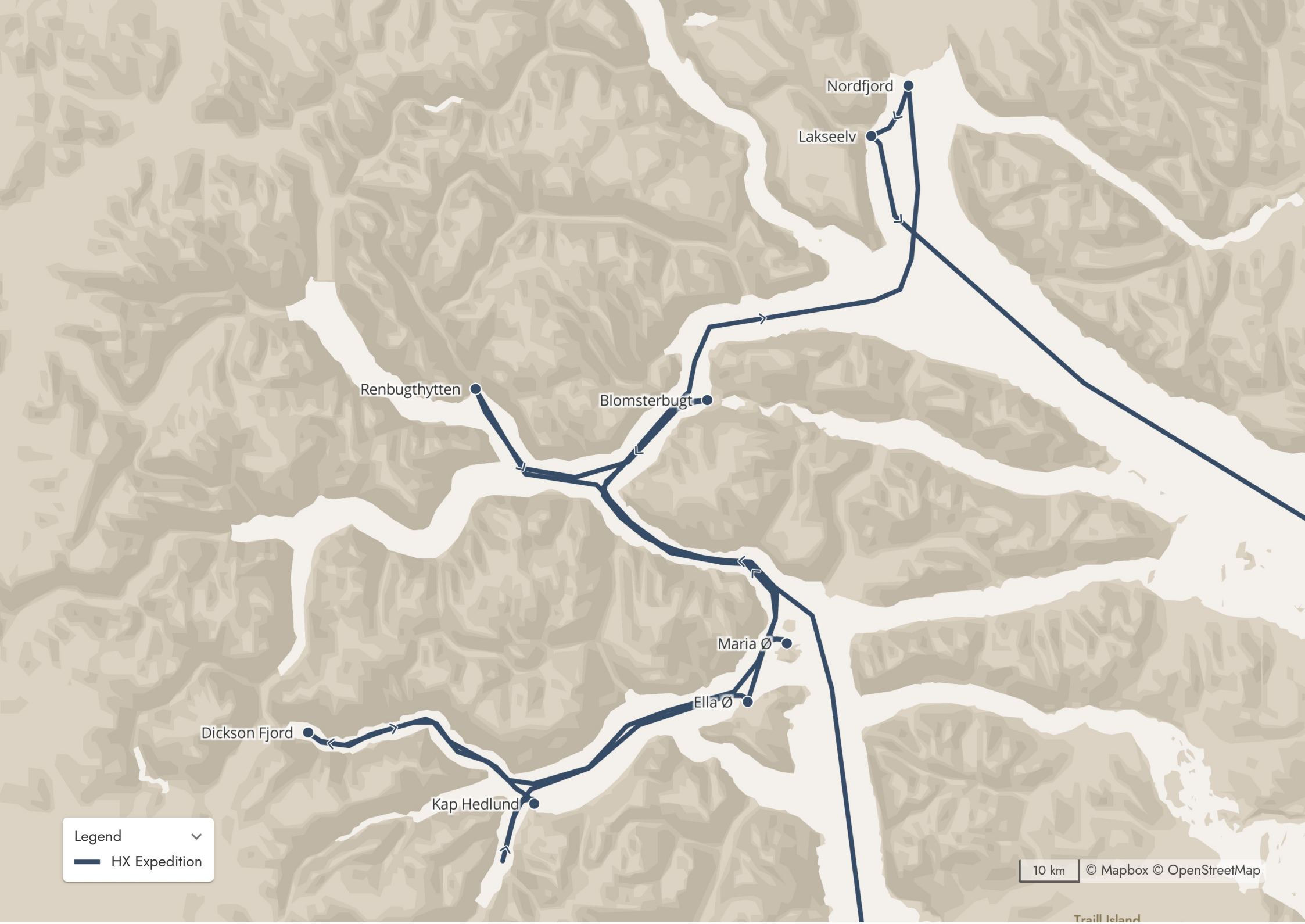


Day 8 – Blomsterbugt & Renbugt

Apart from the cabin built by Norwegian trappers and currently used by the Sirius Patrol, the landscape around Blomsterbugten revealed the rainbow layers of the Eleonore Bay Supergroup. On the site itself, guests could spot fossilised beach features (ripple marks), witnesses

to the marine depositional environment. After lunch in Renbugt, guests were surrounded by even older deep-sea sediments about one billion years old, later buried, heated, and folded during the collision that built Greenland's ancient mountains (the Krummedal sequence).





Nordfjord

Lakseelv

Renbugthytten

Blomsterbugt

Maria Ø

Ella Ø

Dickson Fjord

Kap Hedlund

Legend

— HX Expedition

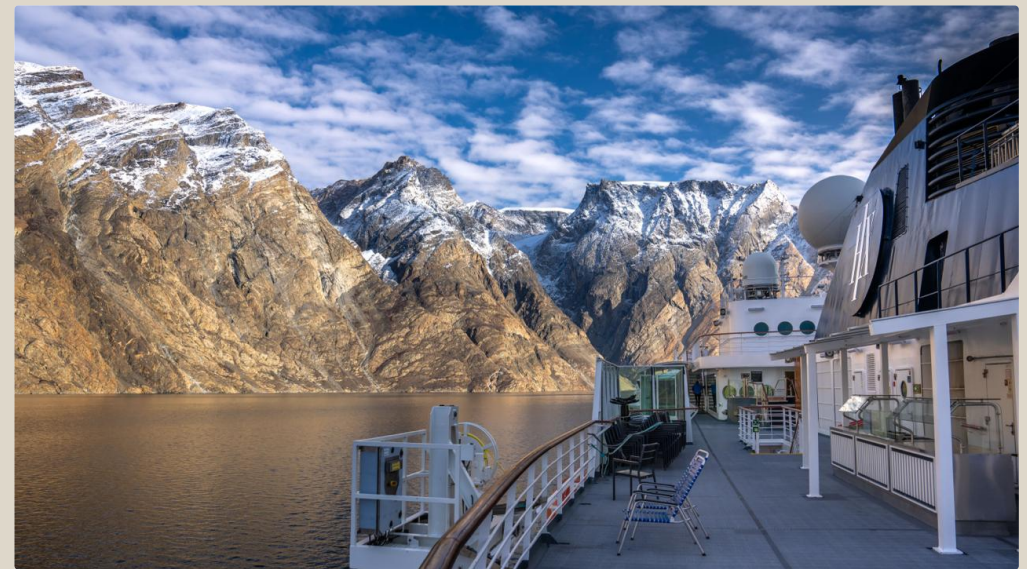
Trail Island



Day 9 – Dickson Fjord & Kap Hedlund

During the morning the fjord navigation was otherworldly. Dickson Fjord features some of Greenland's oldest rocks, up to three billion years old, formed deep underground and later exposed by mountain building, glaciers, and erosion. Dickson Fjord is also the site of a notable rockslide that happened in 2023 due to changing glacial ice

and permafrost conditions, hints of a changing climate and an evolving geological landscape. During the afternoon at Hedlund, guests found the most modern Sirius Patrol cabin, built just this year, with the glorious mountainous landscape behind it.





Day 10 — Ella Ø & Maria Ø

By sunrise, guests landed by a Sirius Patrol base, and the orange light gave the mountains a glorious glow. The mountains themselves were ancient glacial deposits from Snowball Earth, a time around 650 million years ago when ice may have covered almost the entire

planet. After lunch the landing was phenomenal: guests walked all the way to the top of the hill, taking in a jaw-dropping view of the ocean, the dramatic geography of Greenland, and a variety of icebergs in the distance.





Day 11 – Waltershausen Glacier & Lakseelv

The landscape did not disappoint: shaped by Ice Age glaciers alongside red sandstones deposited by rivers flowing from the eroding Caledonian mountain range, 400 million years ago. These sandstones can be found in diverse places across the Northern Hemisphere, proof that the continents we know today were once

together as one. The blue of the dense ice floating around was remarkable. During the afternoon guests visited the last, and most impressive, Sirius Patrol hut. Some guests went on one last extended hike, as a Sirius Patrol helicopter landed close by to pick up a fuel tank, an impressive sight.





Day 12 – Fleming Fjord

The last landing. The landing was mostly flat, the coast very shallow, and the tide covered the path soon enough, so the Expedition Team safely reduced the area of the landing. The red lake and river sediments here date from 214 million years ago, when Greenland was

part of the supercontinent Pangaea and early dinosaurs roamed the region. Fossils are a common sight in the scree slopes guests walked on.



At Sea - Sep 17, 2026

265.7 km

Day 13 – At Sea

The first sea day before finishing the voyage. Geologically, the North Atlantic lies above oceanic crust created as Greenland and Europe drifted apart, opening this part of the ocean over the past 55 million years. A story still in progress.

Sea Day - Sep 18, 2026

410 km

Day 14 – Last Sea Day

The day brought the last lectures and time to pack. The memories guests accumulated on board MS Fram will stay with them. The seas were mild, making for a pleasant navigation to Iceland. The day concluded with the Captain's Farewell, where guests saw the faces of the crew that made the experience possible. Ian's recap video closed the voyage.

Reykjavik, Iceland - Sep 19, 2026

329.2 km

Day 15 — Reykjavik

The day has arrived. Guests had their last breakfast on board and now board again someday. Safe travels home. wave goodbye to MS Fram and its crew. We hope to see you all on





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