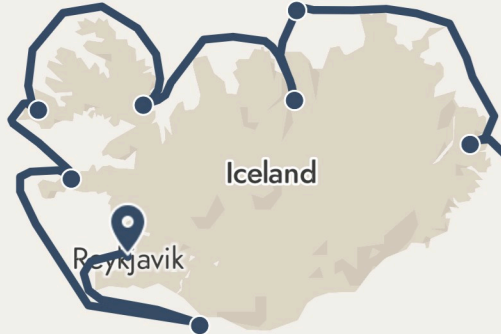




Expedition to Iceland – Hamburg to Reykjavík via Scotland's Northern Isles

MS Fridtjof Nansen, 7 – 19.5.2026



Legend

— HX Expedition

200 km © Mapbox © OpenStreetMap



utsches Elektronen-
synchrotron DESY

HOHELUF-T
OST

HOHELUF-T
WEST

HARVESTEHUDE

EIMSBÜTTEL

UHLENHORST

BAHRENFELD

Hochschule für
Musik und Theater

Außenalster

GROSS
FLOTTBEK

ALTONA-
NORD

HOHEN

ST. GEORG

OTHMARSCHEN

OTTENSEN

ST. PAULI

ALTONA-
ALTSTADT

NEUSTADT

Hamburg

SS Stettin

Hamburg

Speicherstadt

STEINWERDER

QUARTIER
STRANDKAI

QUARTIER
BAAKENHAFEN

ELBBRÜCKE

Container Terminal
Burchardkai

Legend

— HX Expedition

KLEINER
GRASPPOCK

500 m

© Mapbox © OpenStreetMap

VEDD

Day 1 - Embarkation in Hamburg

Under a bright blue sky in the bustling port of Hamburg, HX guests stepped aboard MS Fridtjof Nansen with a sense of anticipation and adventure, bound for the wild landscapes of Iceland.

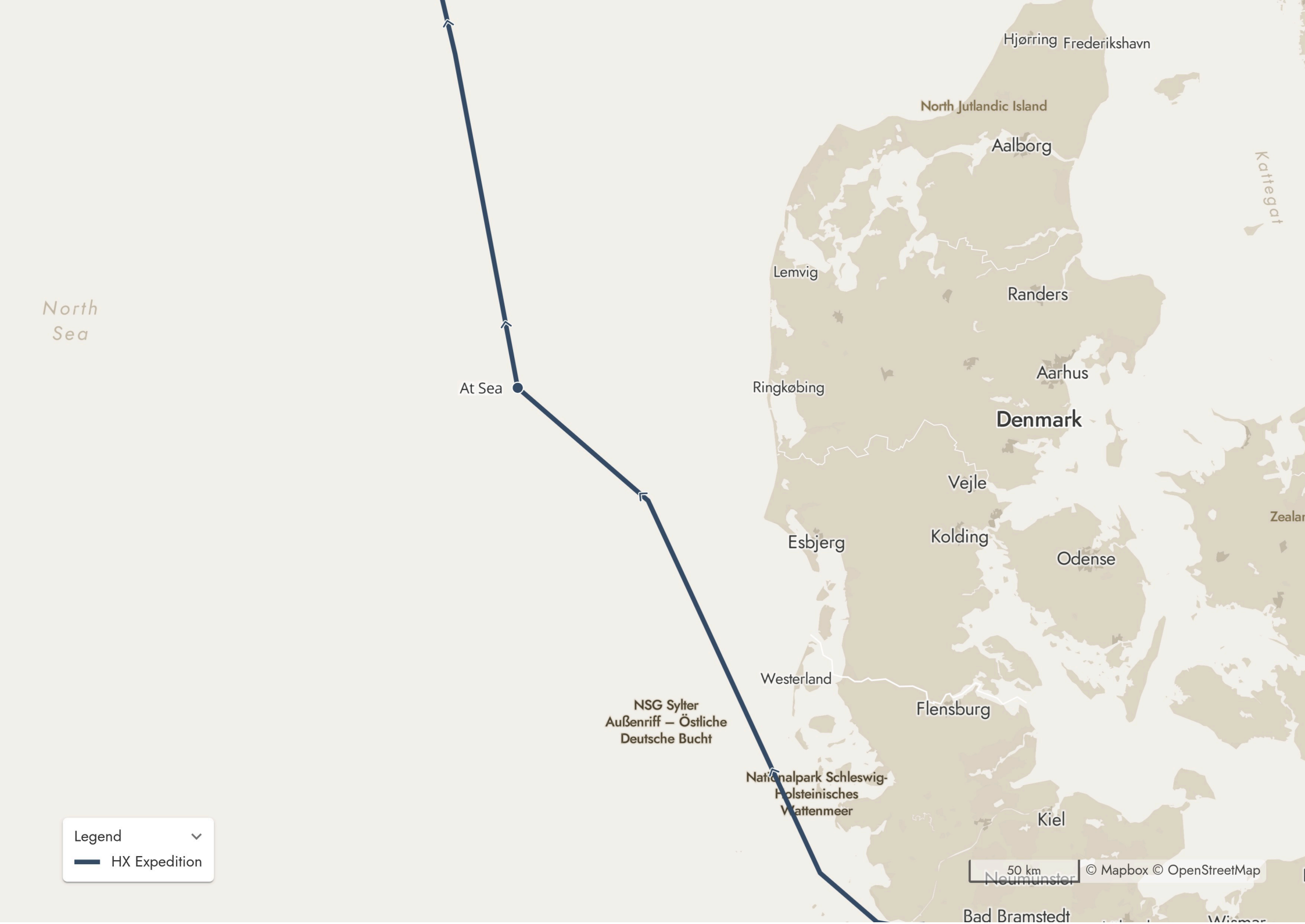
In the evening, the cast off and the city's harbour slowly drifted from view. Unlike a large cruise liner, our intimate ship promised a closer connection to the sea and the remote places ahead.

The voyage will trace a northern path along the southern tip of

Norway before crossing to the rugged cliffs and windswept moors of the Shetland Islands. From there, the journey would continue across the North Atlantic to the emerald-green peaks and quiet fishing harbours of the Faroe Islands, each stop offering a new blend of maritime history, seabirds, and dramatic northern scenery before the ship finally reached Iceland's volcanic shores.







North
Sea

At Sea

NSG Sylter
Außenriff – Östliche
Deutsche Bucht

Nationalpark Schleswig-
Holsteinisches
Wattenmeer

Hjørring Frederikshavn

North Jutlandic Island

Aalborg

Lemvig

Randers

Aarhus

Denmark

Vejle

Ringkøbing

Kolding

Esbjerg

Odense

Westerland

Flensburg

Kiel

50 km

Neumünster

© Mapbox © OpenStreetMap

Bad Bramstedt

Wismar

Legend

— HX Expedition

Day 2 - Crossing the North Sea

Today our ship eased into the unusually calm waters of the North Sea on its way towards Norway. The gentle swell made the crossing feel almost effortless, allowing guests to linger out on deck for hours, watching seabirds glide alongside the ship and scanning the horizon during wildlife watches led by the Expedition Team.

Throughout the day, guests gathered in the lecture hall for engaging talks and in the Science Centre for workshops and discovery sessions. As evening approached, everyone assembled for the Captain's Welcome, where we raised our glasses for a toast as the ship continued northward through the calm and shining waters.







Vikevåg

Tau

Jørpeland

Randaberg

Stavanger

Lysefjorden

Hommersåk

Børsand

Frafjordheiane
landskapsvernområde

ørstrendene
redningsområde

Sola

Sandnes

Tjelta

Oltedal

Gilja

Legend

— HX Expedition

5 km © Mapbox © OpenStreetMap

Day 3 - Lysefjord

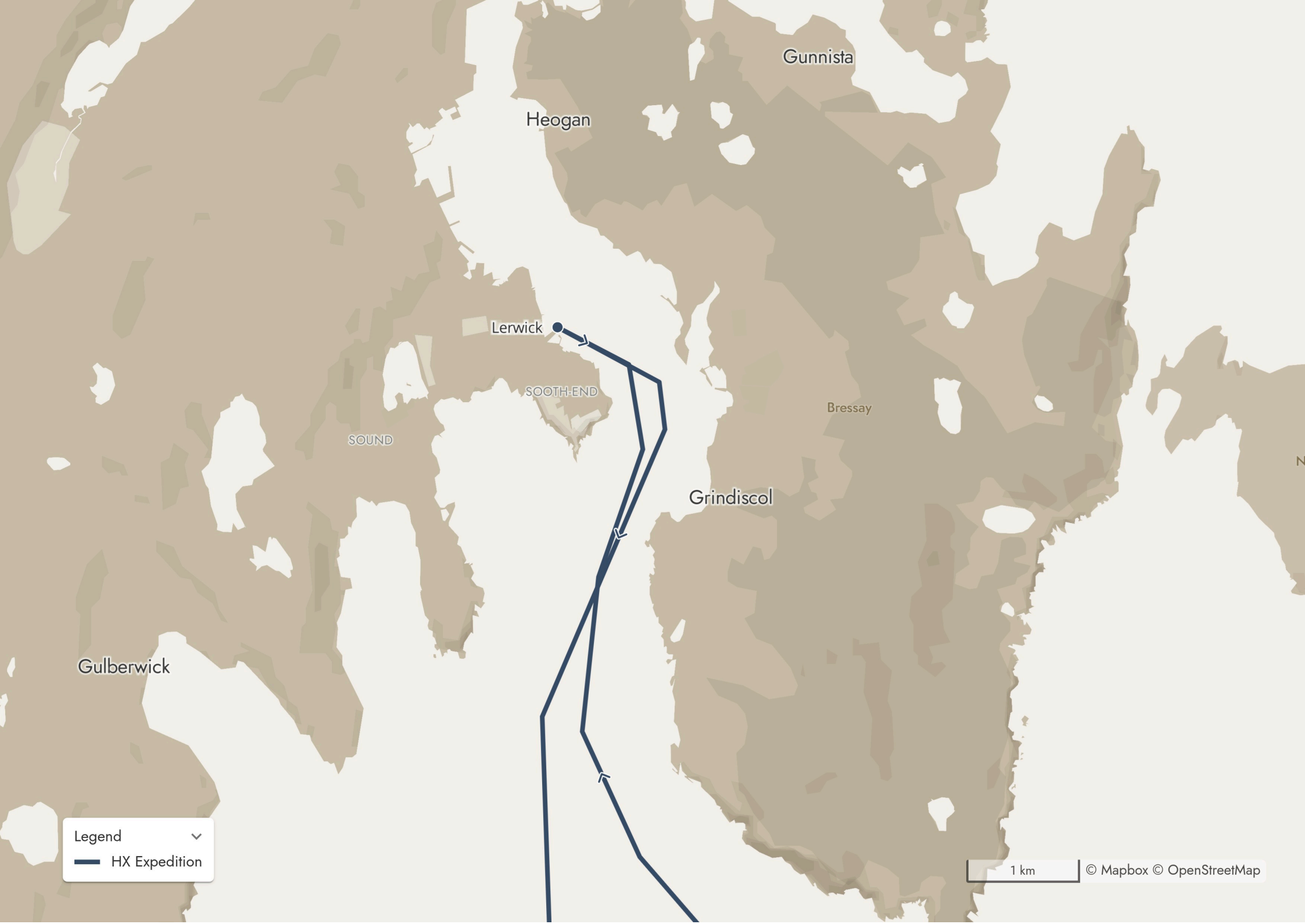
Aboard MS Fridtjof Nansen, the journey into Lysefjord felt both intimate and dramatic as towering granite cliffs rose straight from the still, dark water. Early in the morning, the ship paused at the quiet village of Forsand to drop off a group of eager hikers bound for the famous trail to Preikestolen, known in English as 'Pulpit Rock'. Once the hikers disappeared into the forested slopes above, the vessel continued deeper into the fjord, eventually positioning itself directly beneath the immense cliff face where tiny figures could be seen

standing high above the water.

From there, guests boarded our small Zodiac boats for a closer exploration of the fjord's northern shoreline, weaving through narrow inlets, passing waterfalls cascading down the rock walls, and gliding silently beneath sheer cliffs while guides pointed out seabirds, hidden caves, and the striking geology carved by ancient glaciers.







Gunnista

Heogan

Lerwick

SOOTH-END

SOUND

Bressay

Grindiscol

Gulberwick

Legend

— HX Expedition

1 km | © Mapbox © OpenStreetMap

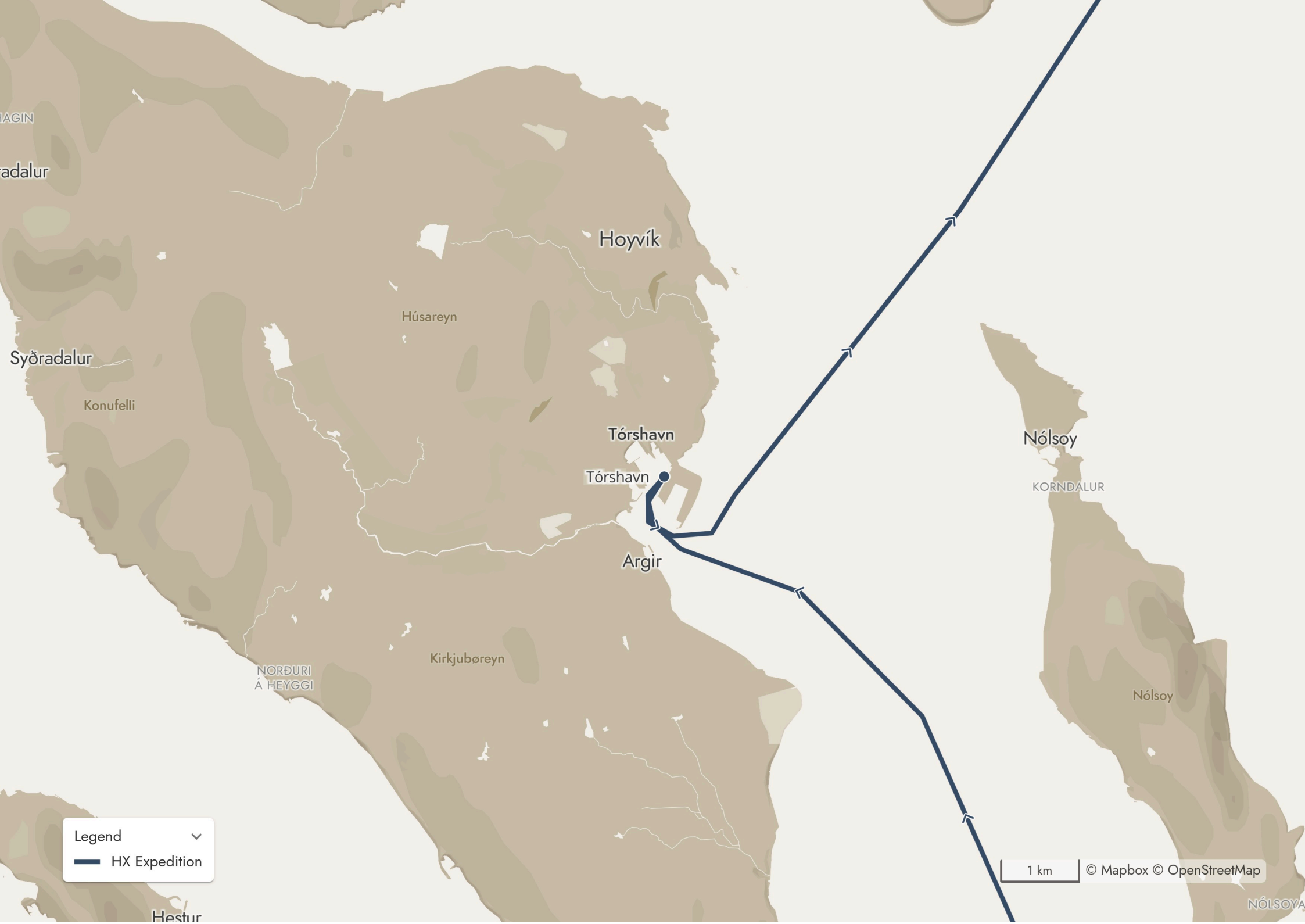
Day 4 - Lerwick

After departing the coast of Norway in mainly fine weather and calm seas, the ship crossed the North Sea heading towards the Shetland Islands overnight. By morning, the atmosphere had changed completely as the ship arrived in Lerwick beneath low grey clouds and a cold northern wind. The harbour's stone buildings and waterfront emerged slowly, giving the town a distinctly rugged maritime character.

Most guests headed ashore for a guided walk through Lerwick's historic streets and harbour area, while others joined optional excursions to the ancient archaeological settlement of Jarlshof and the village of Hoswick. Another group ventured to the towering bird cliffs of Sumburgh Head, where puffins and seabirds wheeled through the strong coastal winds above the crashing Atlantic surf.







LAGIN

adalur

Hoyvík

Húsareyn

Syðradalur

Konufelli

Tórshavn

Tórshavn

Argir


Nólsoy


KORNDALUR


Kirkjubøreyn

NORÐURI
Á HEYGGI

Nólsoy

Legend 

 HX Expedition

1 km  © Mapbox © OpenStreetMap

Hestur

NÓLSOYA

Day 5 - Tórshavn

Crossing the North Atlantic from Lerwick to Tórshavn was an unforgettable experience, made even better the spotting of some playful white-beaked dolphins, although the overnight crossing proved a bit bumpy as the ship rolled through the restless seas of the North Atlantic. By late morning, however, the dramatic landscapes of the Faroes made the rough night worthwhile.

Once ashore, we explored the narrow lanes and turf-roofed houses of Tinganes on a walking tour that brought the islands' Viking heritage vividly to life. A boat tour through Vestmanna Bird Cliffs carried us

beneath towering basalt cliffs alive with seabirds, while our visit to Kirkjubøur revealed medieval ruins, ancient farmhouses, and centuries of Faroese history. The history tour through Tórshavn added even more insight into the culture and traditions of this remote capital.

One of the highlights was hiking across the rugged landscapes of Streymoy towards Leynar, where sweeping ocean views, green hillsides, and the fresh Atlantic air captured the wild beauty of the Faroe Islands.





Loðmundarfjörður

Sandhólatindur

Seyðisfjörður

Seyðisfjörður

Mjóifjörður

Norðfjarðarflói

Legend

— HX Expedition

2 km © Mapbox © OpenStreetMap

Day 6 - Seyðisfjörður

The ship pushed steadily through the North Atlantic as we crossed from Tórshavn to Seyðisfjörður, rolling gently — and sometimes not so gently — in the choppy seas that are part of life in these northern waters.

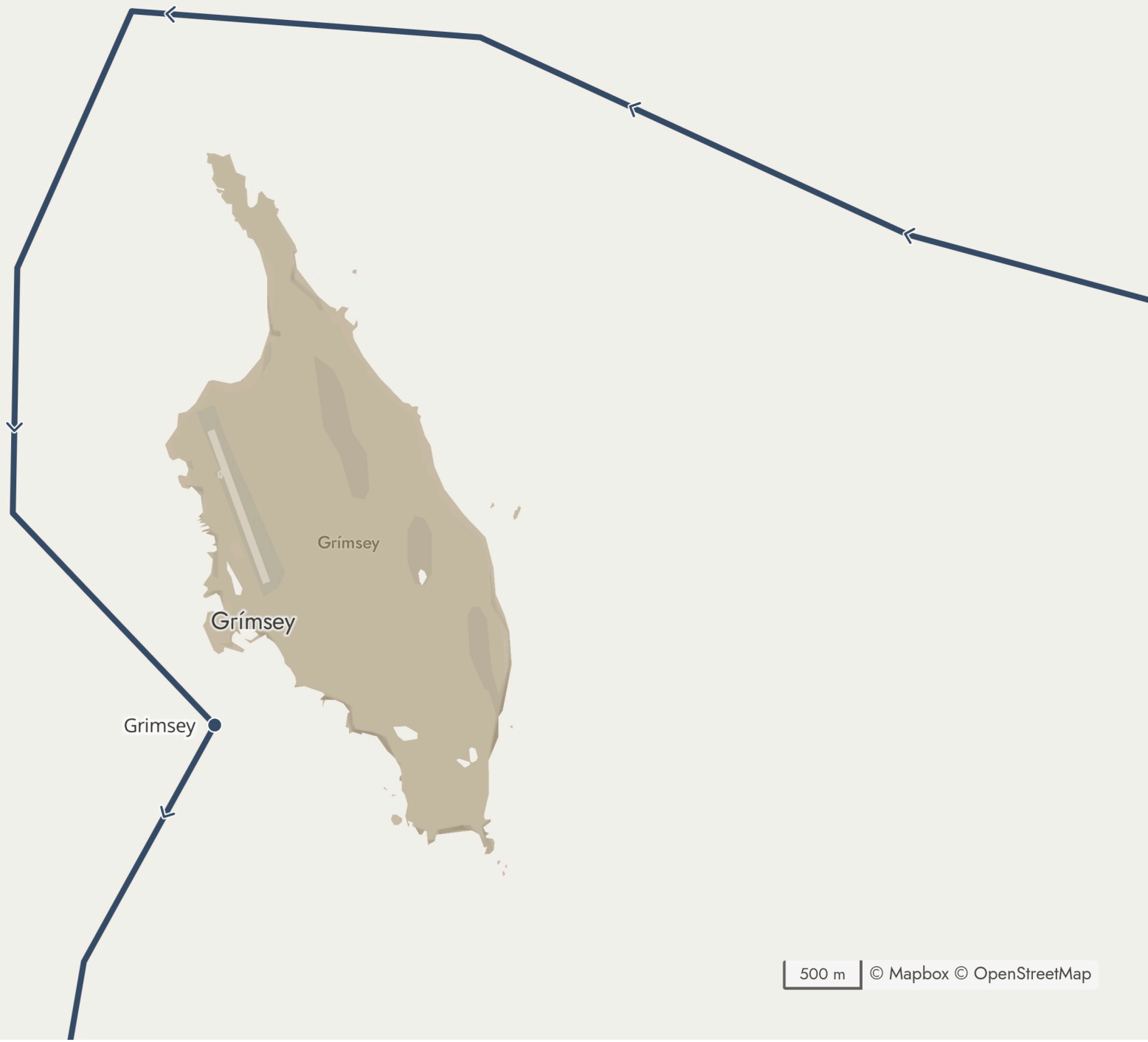
Guests gathered on deck between squalls to watch the dramatic coastline of Iceland emerge through the mist, making the lively crossing feel all the more adventurous. Once in Seyðisfjörður, we

enjoyed a beautiful concert inside the town's iconic blue church, where the music echoed perfectly beneath the wooden rafters and created a memorable welcome to East Iceland.

There were also optional excursions for those wanting to explore further, including a relaxing visit to the geothermal Vök Baths and a trip to the remote Skálanes Nature Reserve, known for its rugged landscapes, seabirds, and peaceful hiking trails.







Legend

— HX Expedition

Day 7 - Grímsey

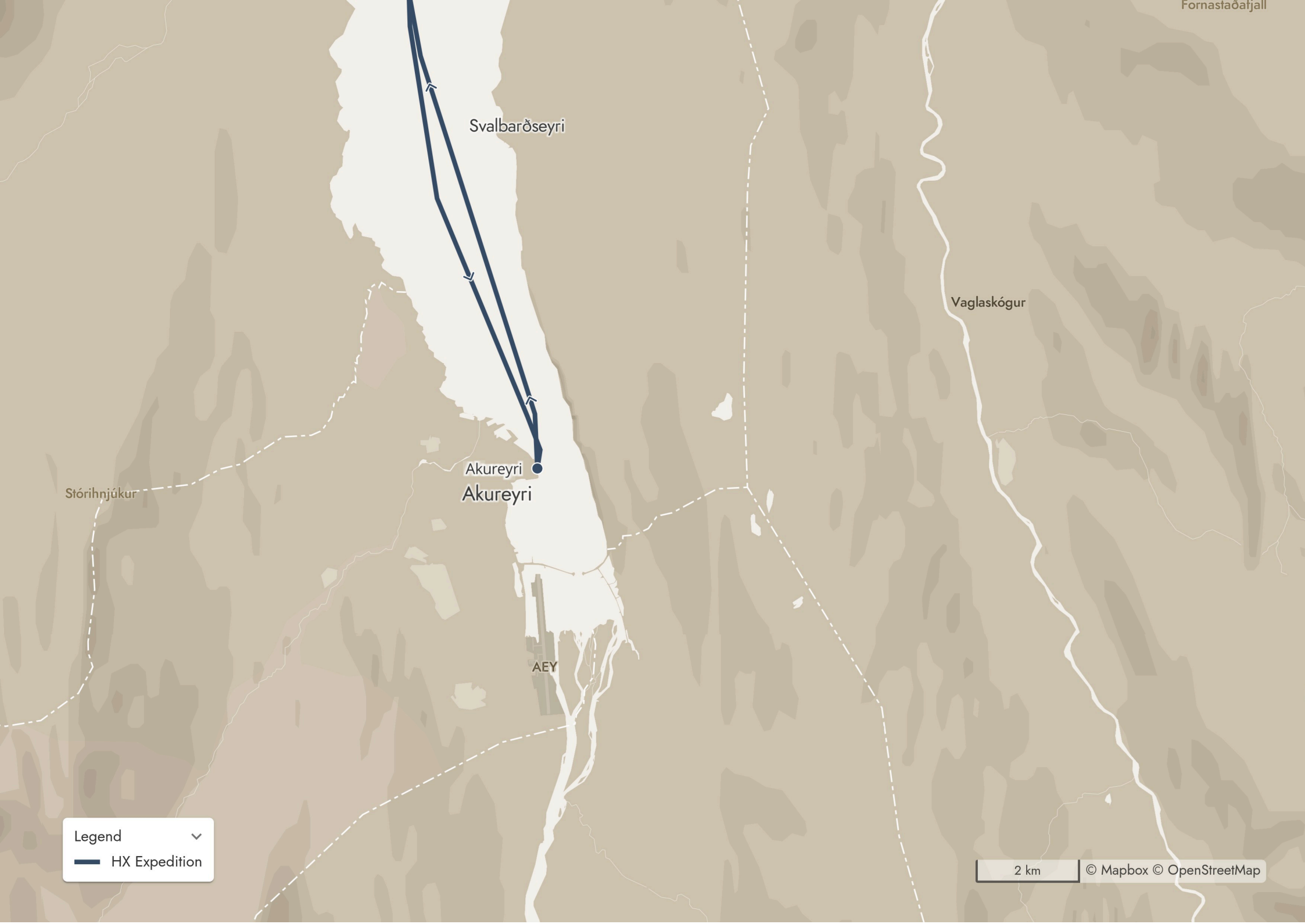
In Grímsey, guests went ashore via Zodiac boat, gliding across the cold Arctic waters toward the tiny harbour where colorful houses and dramatic cliffs welcome visitors. Once on the island, there was time to stroll through the peaceful village and experience the quiet charm that makes Grímsey so unique.

The island is especially famous for its large colonies of Atlantic

puffins, which can often be seen nesting along the grassy cliffs and soaring over the sea. Many visitors also enjoyed the island's small sightseeing train, which offered a relaxed way to explore the rugged landscape, volcanic scenery, and sweeping ocean views. Meanwhile, a small group of adventurous guests headed out by kayak, paddling along the dramatic coastline for a unique perspective of the island's towering cliffs and abundant birdlife from the water.







Fornastaðatjall

Svalbarðseyri

Vaglaskógur

Stórhjúkur

Akureyri ●
Akureyri

AEY

Legend

 HX Expedition

2 km | © Mapbox © OpenStreetMap

Day 8 - Akureyri

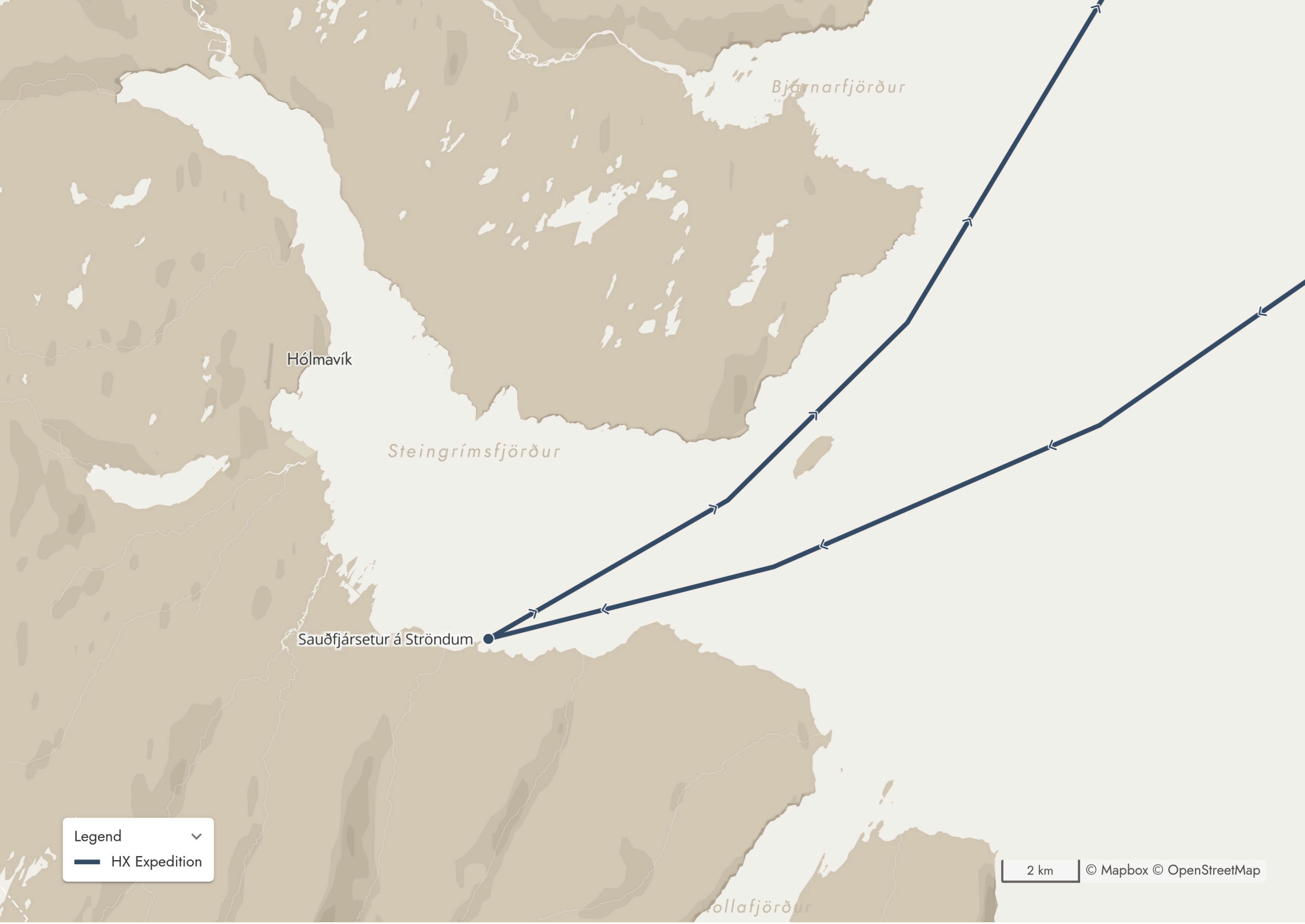
Visiting Akureyri was a great way to experience the dramatic beauty of North Iceland, with our vessel docking close to the heart of this charming Arctic town surrounded by snowcapped mountains, and deep fjords.

Most guests enjoyed a memorable visit to Lake Mývatn, a journey

through one of Iceland's most fascinating volcanic landscapes featuring bubbling geothermal fields, lava formations, and the serene waters of Lake Mývatn. Others opted for the optional excursion to the relaxing Forest Lagoon, where warm geothermal pools overlook the fjord, combined with a visit to the spectacular Goðafoss waterfall, one of Iceland's most iconic natural wonders.







Hólmavík

Bjarnarfjörður

Steingrímsfjörður

Sauðfjársetur á Ströndum

Kollafjörður

Legend 

 HX Expedition

2 km | © Mapbox © OpenStreetMap

Day 9 - Sauðfjársetur á Ströndum

Our expedition landing at Sauðfjársetur á Ströndum offered a true adventure experience in the remote beauty of Iceland's Westfjords. Guests boarded our Zodiac boats for a scenic ride ashore, stepping onto a quiet beach surrounded by dramatic mountains and untouched wilderness.

Once ashore, there was a wide variety of expedition experiences to enjoy, including guided nature walks, longer hikes through the rugged landscape, kayaking along the tranquil coastline, and a

science boating outing that allowed guests to explore the marine environment.

A highlight of the day was the visit to the charming sheep museum, where guests learned about Iceland's farming traditions and the importance of sheep to local culture. The experience was perfectly rounded off with homemade coffees and cakes served in the cosy café, creating a warm and welcoming atmosphere in this wonderfully remote corner of Iceland.







Patreksfjörður

Patreksfjörður

Legend

— HX Expedition

300 m | © Mapbox © OpenStreetMap

Day 10 - Patreksfjörður

We had an unforgettable day exploring Patreksfjörður, in the remote and dramatic landscapes of Iceland's Westfjords, despite some typically Icelandic wet weather.

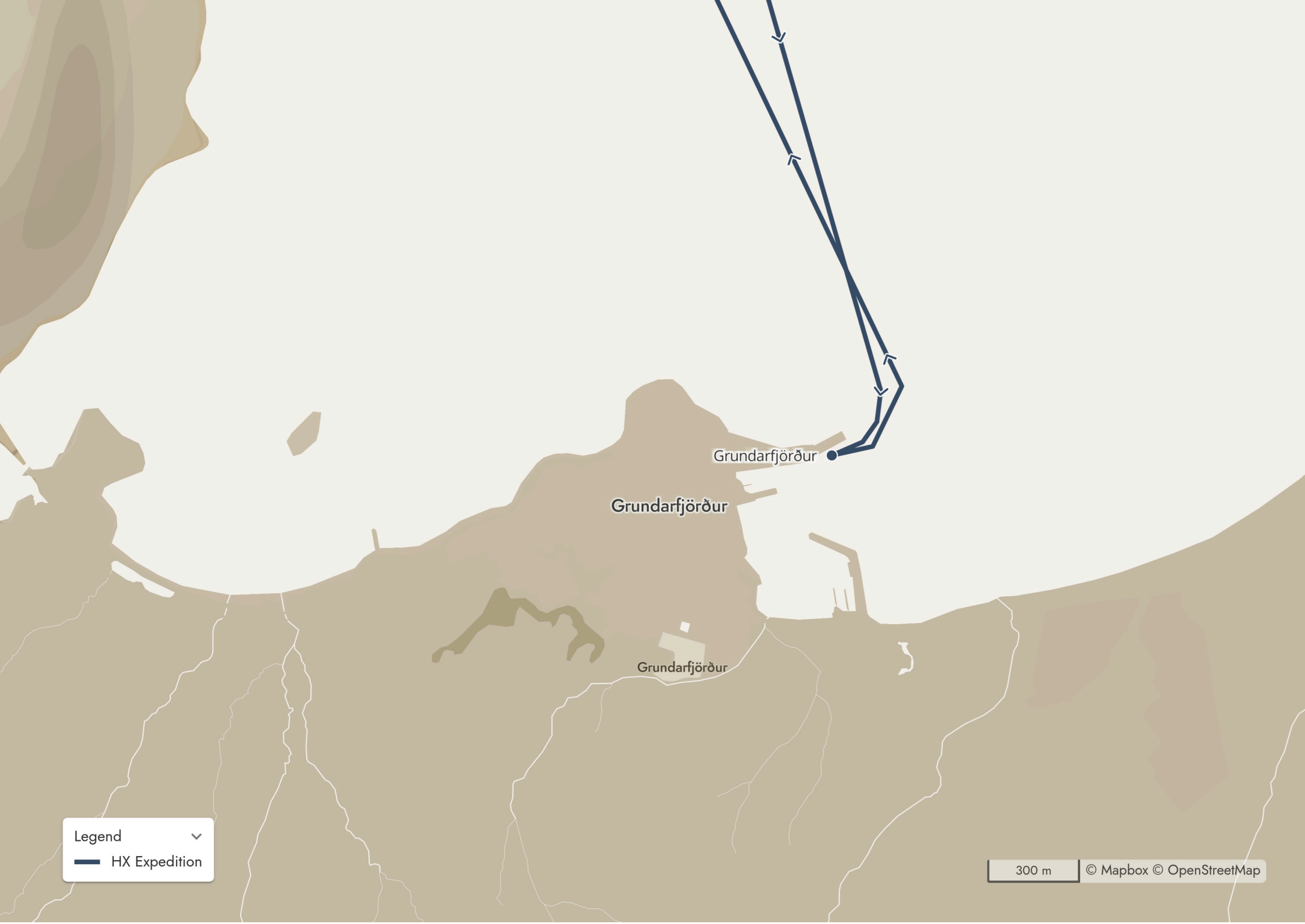
Most guests joined the included excursion to the spectacular Látrabjarg cliffs, one of Europe's largest bird cliffs, where steep sea cliffs, crashing waves, and countless seabirds created an extraordinary atmosphere. Others chose the optional Splendid Combination excursion, featuring a scenic drive through the

breathtaking Arnarfjörður region, visits to a picturesque waterfall and natural hot spring, and a stop at the fascinating Icelandic Sea Monster Museum to discover local folklore and maritime legends.

In the afternoon, guests also enjoyed a rewarding hike through the surrounding landscapes, embracing the fresh sea air and rugged beauty of the fjords, with the misty weather adding to the authentic Arctic atmosphere.







Grundarfjörður

Grundarfjörður

Grundarfjörður

Legend

— HX Expedition

300 m | © Mapbox © OpenStreetMap

Day 11 - Grundarfjordur

Grundarfjörður was a great place to experience the dramatic beauty of Iceland's Snæfellsnes peninsula.

Many guests choose to take the convenient shuttle service to nearby Kirkjufell, the iconic mountain rising sharply above the surrounding fjord and one of Iceland's most photographed landmarks. Others set out on optional excursions exploring the region's diverse landscapes, including adventures through caves, craters, and coves; scenic

journeys showcasing the highlights of Snæfellsnes peninsula; visits to the spectacular 'Top of the Diamond'; or an expedition hike around Kirkjufell itself.

After a day immersed in volcanic landscapes, lava fields, waterfalls, and coastal scenery, guests returned on board to enjoy a lively local performance, adding an authentic cultural touch to an unforgettable Icelandic experience.





Day 12 - Heimaey

We arrived in Heimaey ready to explore one of Iceland's most fascinating volcanic islands up close. Many guests joined the included lava and history walk, learning about the dramatic 1973 eruption that transformed the island and shaped the lives of its residents. Others chose from a range of optional excursions, including the popular 'Pompeii of the North' island tour, scenic boat cruises around Heimaey's rugged coastline, thrilling RIB safaris through sea caves and bird cliffs, and guided expedition hikes offering panoramic views

across the island and surrounding ocean.

After a memorable day exploring volcanic landscapes and local history, guests gathered on board for the Captain's Farewell, followed by the photographers' slideshow presentation, celebrating the unforgettable moments and experiences shared throughout the voyage.







Kollafjö

Akurey

Seltjarnarnes

Reykjavik

Reykjavik

University of Iceland

MIDBORG

HLÍÐARENDI

HLÍÐAR

LAUGAR

RKV -
Reykjavik
Airport

Skerjafjörður

Legend

— HX Expedition

500 m

© Mapbox © OpenStreetMap



Reykjavik, Iceland - May 19, 2026

113.4 km



logbook.travelmap.net/fnfam273-05052026