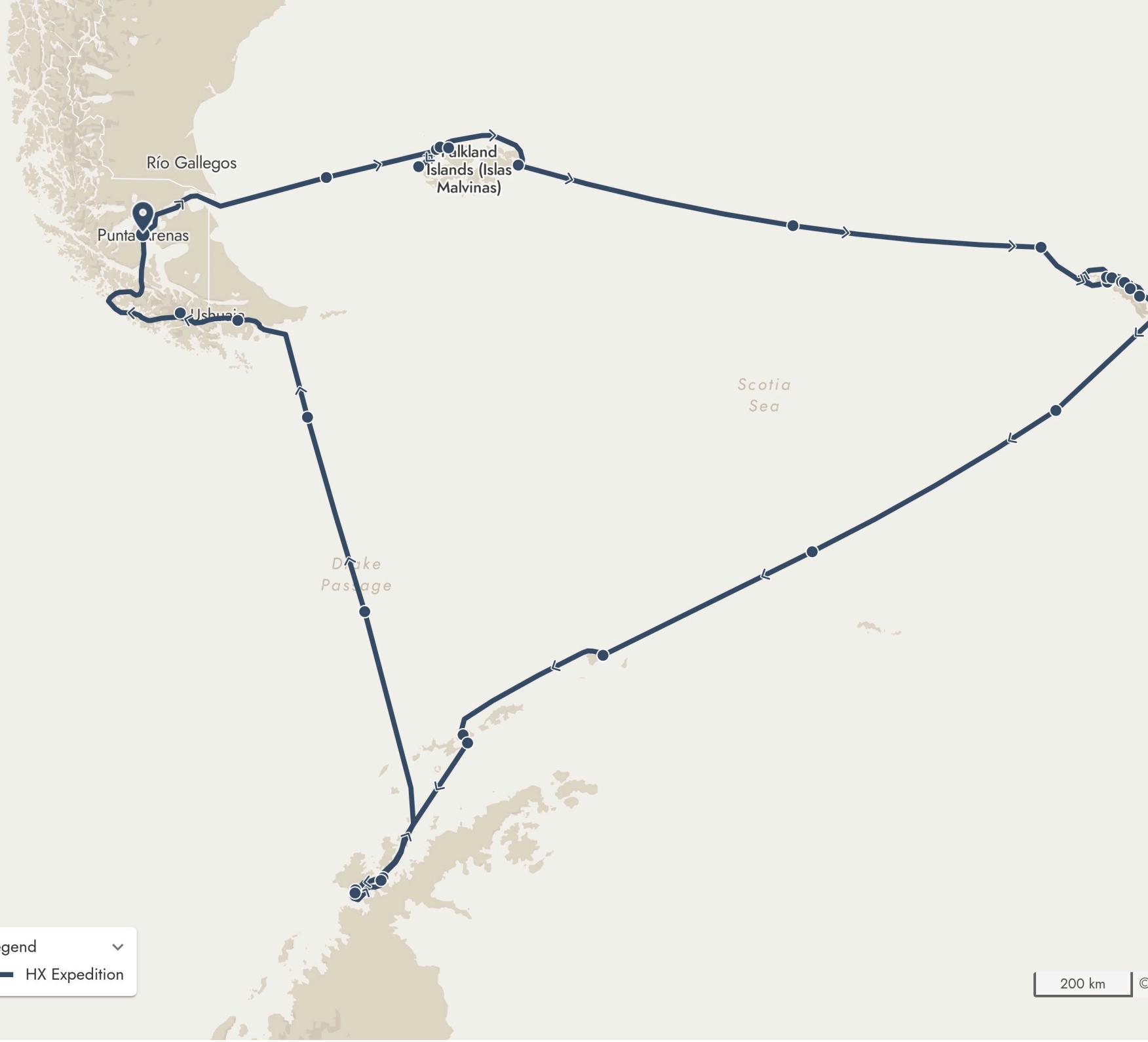




MS Fram

6 – 27 December 2025



## Day 1

Our guests embarked in Punta Arenas and settled into their new home aboard the ship, shaking off travel fatigue as they explored the decks and common spaces. They attended the mandatory safety drill and learned how our boat groups would work for landings and activities. The crew paved the way for our guests feeling properly

equipped for the voyage ahead by distributing jackets and boots, while the Expedition Team outlined our expected route and the opportunities waiting further south. In the evening we gathered in the lounge to enjoy the first night of our sailing.



## Day 2

Today our guests spent the day easing into our sea routine and moving steadily through the programme of talks and activities, joining the birdlife session, meeting the guest scientists, and gaining a clear sense of how the onboard science projects worked. Guests attended the Falklands/Malvinas lecture, which offered a concise overview of

the islands' history and the long-running dispute, while wildlife watches gave our guests brief chances to scan the ocean. Then the Captain introduced the crew members leading the voyage and our tentative expedition plans were presented.





## Day 3

Our guests were tendered ashore at West Point Island and walked through farmland and over tussac grass to reach a black-browed albatross colony on the cliffs, interwoven with southern rockhopper penguins. In the bay by the pier, we briefly watched a Peale's dolphin surface before it disappeared into deeper water. Later, we landed on

New Island and followed coastal paths that brought us close to nesting seabirds and exposed shorelines. A big group of sei whales surfaced near the ship during our transit. On board, guests joined a photography introduction and gathered for the plans for tomorrow.



● New Island, Falkland Islands - Dec 8, 2025



## Day 4

We spent the day exploring Saunders and Carcass Islands, moving between sweeping beaches and low, rolling hills that framed the coastline. We watched colonies of penguins shuffling between nesting spots while albatrosses circled overhead, giving us time to observe their behaviour from a respectful distance. On Carcass Island, some of our guests joined the long hike to Leopard Beach,

following narrow tracks across uneven ground and stopping often to take in the scenery. Back on board, guests shared impressions in the lounge and ended the evening listening to live piano music as the ship set sail towards Stanley, the remote capital of the Falkland Islands.



• Saunders Island, Falkland Islands - Dec 9, 2025



## Day 5

We spent the day alongside in Stanley and explored the town and its rugged surroundings. Guests wandered through its streets, joined guided walks, and visited local landmarks and the museum to enrich our their sense of place. Time at Gypsy Cove and on nature treks brought our guests close to the wildlife and shoreline scenery. Back

on board, guests gathered in the lounges and Lecture Hall for recaps, talks, and quiet moments of reflection as they looked back on their first Falklands impressions and anticipated the next stages of their journey.



## Day 6

We spent the day at sea, preparing for upcoming landings. Guests attended the mandatory South Georgia Regulations Briefing and cleaned their boots and gear at the biosecurity stations. Expedition Team members led a workshop on identifying marine wildlife,

followed by practice sessions on deck. Another lecture discussed tubenose birds. Wildlife watches from the bow offered glimpses of seabirds, while tea time and waffles provided relaxed moments in the Explorer Lounge.



## Day 7

We spent our second day at sea en route to South Georgia. Guests attended presentations on upcoming activities in South Georgia and Antarctica, and lectures on whales and dolphins of the Southern Ocean, and 'Savage South Georgia'. Guests joined workshops on

seaweed and basic sailor knots, participated in a Citizen Science NASA GLOBE cloud observer session, and took part in wildlife watches from the bow of the ship. In the evening, we rushed outside to see pieces of the A23a iceberg surrounding the ship.





## Day 8

Today we arrived at King Haakon Bay, South Georgia. We spotted land from the west coast early in the morning and started the day with an expedition boat cruise at Briggs Glacier. Following a landing at Peggotty Bluff, our guests attended a lecture on the Penguin Watch

Project and a workshop on iNaturalist for biodiversity observations. Wildlife watches occurred from the bow of the ship. We then sailed to the north coast of South Georgia.





## Day 9

On this day we visited Salisbury Plain and Prince Olav Harbour. We landed at Salisbury Plain to observe king penguin colonies. At Prince Olav Harbour, we explored the area via expedition boat cruises near

historic whaling sites, and entered into Elephant Lagoon, which had many seals lining the shores.



Prince Olav Harbour, South Georgia and the South Sandwich Islands - Dec 14, 2025

Fortuna Bay, South Georgia and the South Sandwich Islands - Dec 15, 2025

## Day 10

We visited Fortuna Bay and Stromness in South Georgia, landing at Fortuna Bay and walking to a viewpoint of the king penguin colony. Some of us followed the 'Shackleton steps', the explorer's last

approach to the abandoned whaling station. At Stromness, we explored the area surrounding the whaling station. After the landing, we sailed by the abandoned Leith and Husvik whaling stations.



Stromness Harbour, South Georgia and the South Sandwich Islands - Dec 15, 2025

Grytviken, South Georgia and the South Sandwich Islands - Dec 16, 2025

## Day 11

We visited Grytviken and St Andrews Bay in South Georgia. Guests landed at Grytviken and walked to the whaling museum and church., and discovered the graveyard where Ernest Shackleton was buried. Some joined the guided walk on whaling history. Later, we landed at

St Andrews Bay, where the beach was filled with king penguins, fur seals, and jousting elephant seals. It was a brilliant end to our last day on South Georgia.



St. Andrews Bay, South Georgia and the South Sandwich Islands - Dec 16, 2025



## Day 12

We crossed the open ocean en route to Antarctica. Wildlife watches took place, as usual on sea days. Some guests attended a workshop on bird data collection for eBird, while others attended a lecture on smartphone photography. Lectures covered penguin life

distribution and kayak briefings prepared participants for Antarctica activities. Some guests even painted watercolours of South Georgia scenes and wildlife.

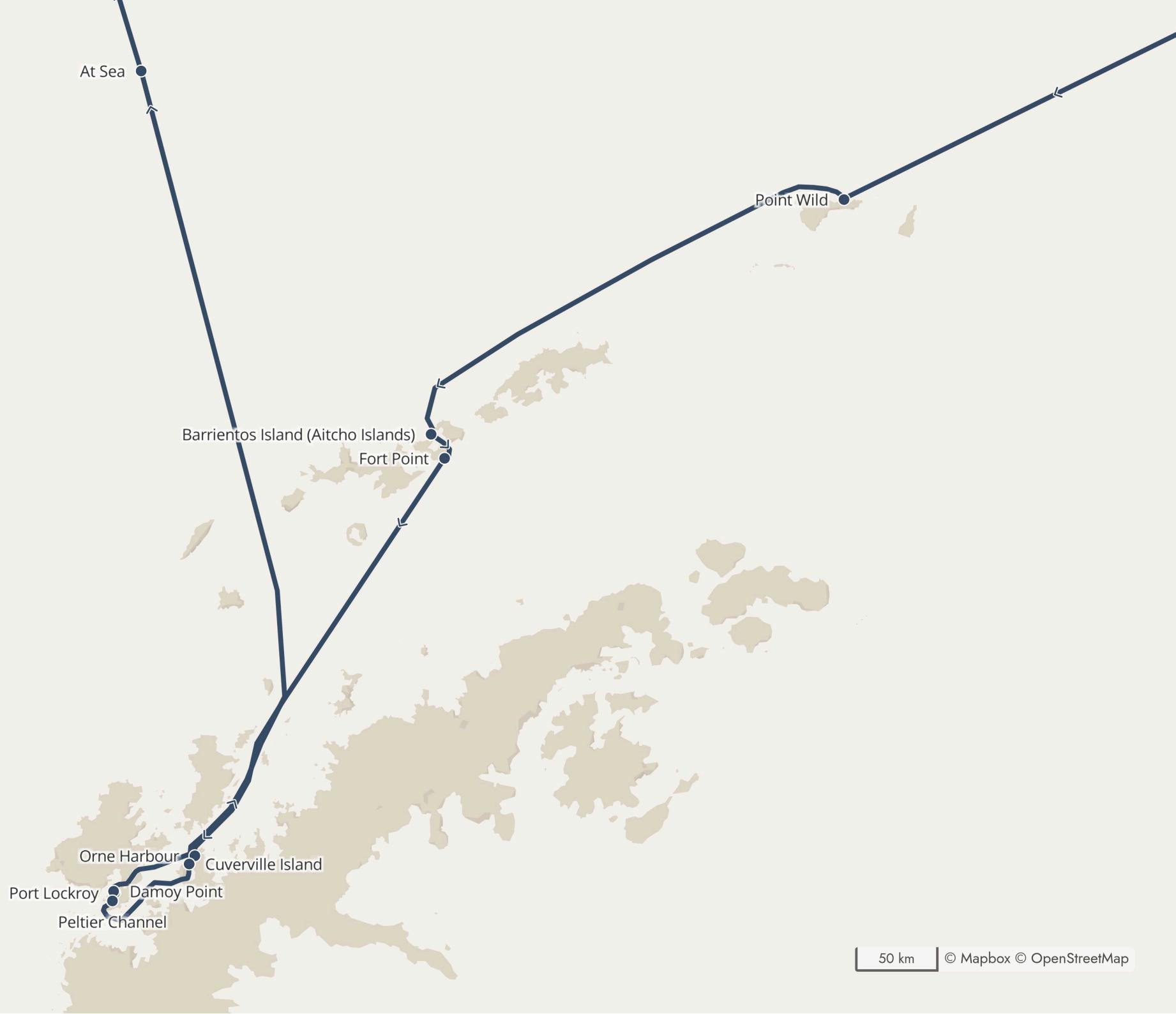


## Day 13

We spent another day at sea, enjoying the ship's gentle motion as we journeyed onward. Guests attended engaging lectures that deepened their understanding of the Antarctic's wildlife and ocean science. Discovery sessions in the Science Centre captivated guests with close-up views of microscopic worlds from Science Boat samples. We

gathered on deck for wildlife watches, scanning the horizon for sightings amid calm seas. Time passed in relaxed conversations between travellers, reviewing photos from earlier landings, and preparing for what lay ahead.





## Day 14

Our guests boarded our expedition boats at Point Wild on Elephant Island for an intimate cruise along dramatic cliffs and rocky shores. Penguins porpoised nearby, their calls echoing over the water. Expedition Team members pointed out historic sites tied to Shackleton's Endurance Expedition saga, sharing tales of survival

amid the windswept waves. We glided close to chinstrap penguin colonies, observing their bustling routines from the sea's edge. The crisp air and vast icy seascape of this remote Antarctic outpost left our guests hushed in awe.





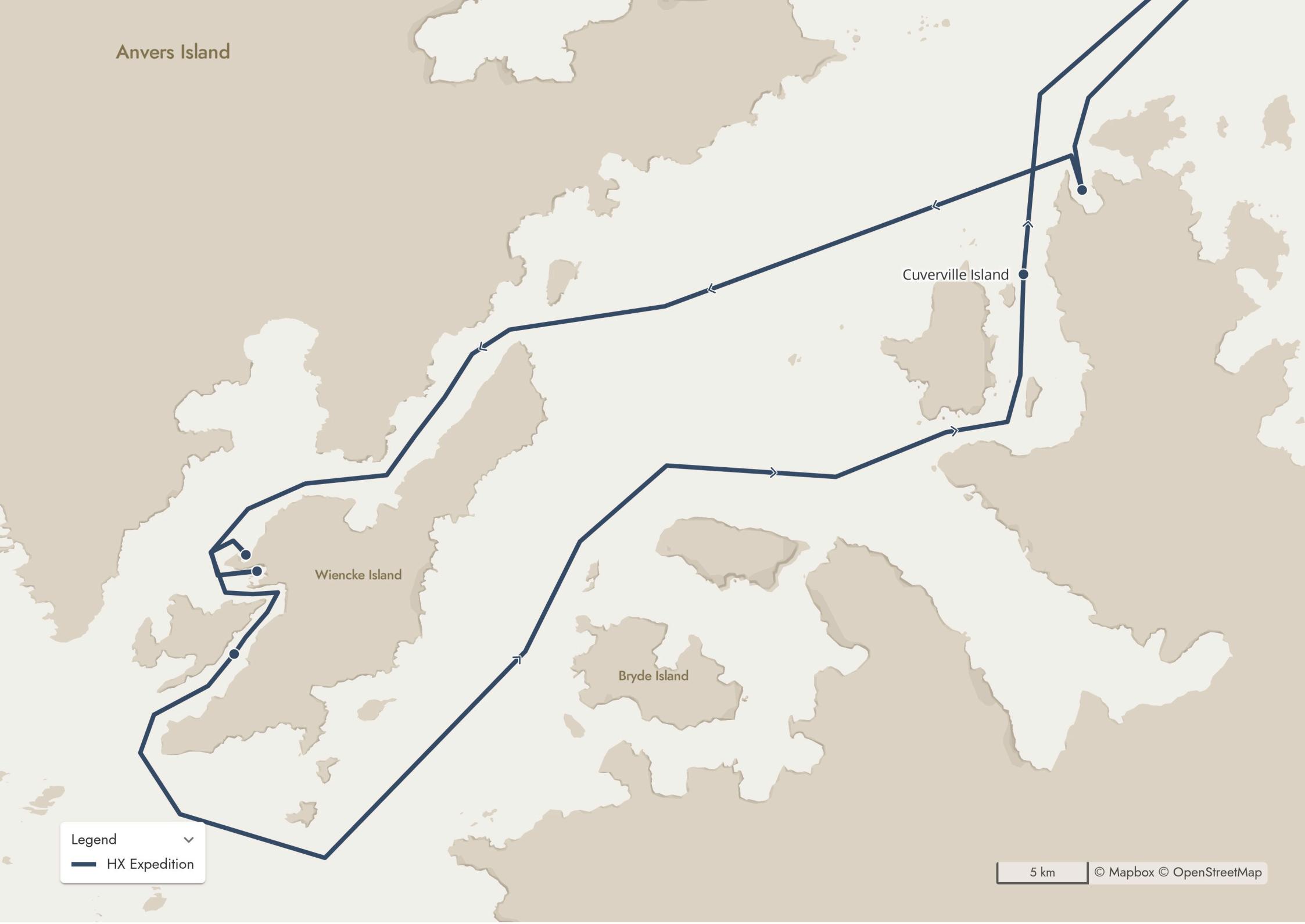
## Day 15

We landed at Barrientos Island, one of the Aitcho Islands, and Fort Point for walks in the Antarctic wilderness. We observed gentoo penguins, skuas, and a Weddell seal along the shore. The Expedition Team led us to penguin colonies where we watched their fascinating

nesting behaviors, and we even spotted some young chicks. Some guests joined kayaking outings near the islands. Weather stayed overcast with light snow showers and temperatures around 2-3°C.



Anvers Island



• Fort Point, Antarctica - Dec 20, 2025

• Orne Harbour, Antarctica - Dec 21, 2025

## Day 16

On this day we visited Orne Harbour, Port Lockroy, and Damoy Point. Guests went ashore at Orne Harbour and climbed up to a viewpoint above the bay, watching chinstrap penguins. At Port Lockroy, they landed at Goudier Island, visited the historic base buildings, and walked among the gentoo penguin colony. Later at Damoy Point,

some of the the bravest guests went camping near an old hut manned by the British until the '90s and watched penguins moving between snow patches and the shoreline. Between landings, we cruised along the coastline, passing ice and rugged shores.



Port Lockroy, Antarctica - Dec 21, 2025

Damoy Point, Antarctica - Dec 21, 2025



## Day 17

We sailed together with MS Fram through the Peltier Channel with our expedition boats, witnessing lots of wildlife, including a minke whale, a Weddell seal, and a leopard seal. Later at Cuverville, we roamed on the island, walking over penguin-guano-covered pebbles to reach gentoo colonies. We watched chicks huddle while adults

waddled by, their calls filling the crisp air. Some of our guests chose steeper hikes up snowy ridges for panoramic views. We moved quietly among the wildlife, the raw Antarctic landscape and teeming life leaving lasting impressions.





## Day 18

Today, we spent the day at sea. In the morning, the Expedition Team hosted the lecture 'The Antarctic Nesting Birds', which explored the inhabitants of the frozen continent. Later, 'Southern Ocean Distance Sampling' gave our guests insight into the scientific work done by the researchers on board. In the afternoon, the Expedition Team hosted

the lecture 'History of Antarctica', where our guests learned more about the history of Antarctic discovery and its unique political status. Surrounded by endless waves, these sessions enriched our guests' understanding of both history and nature.

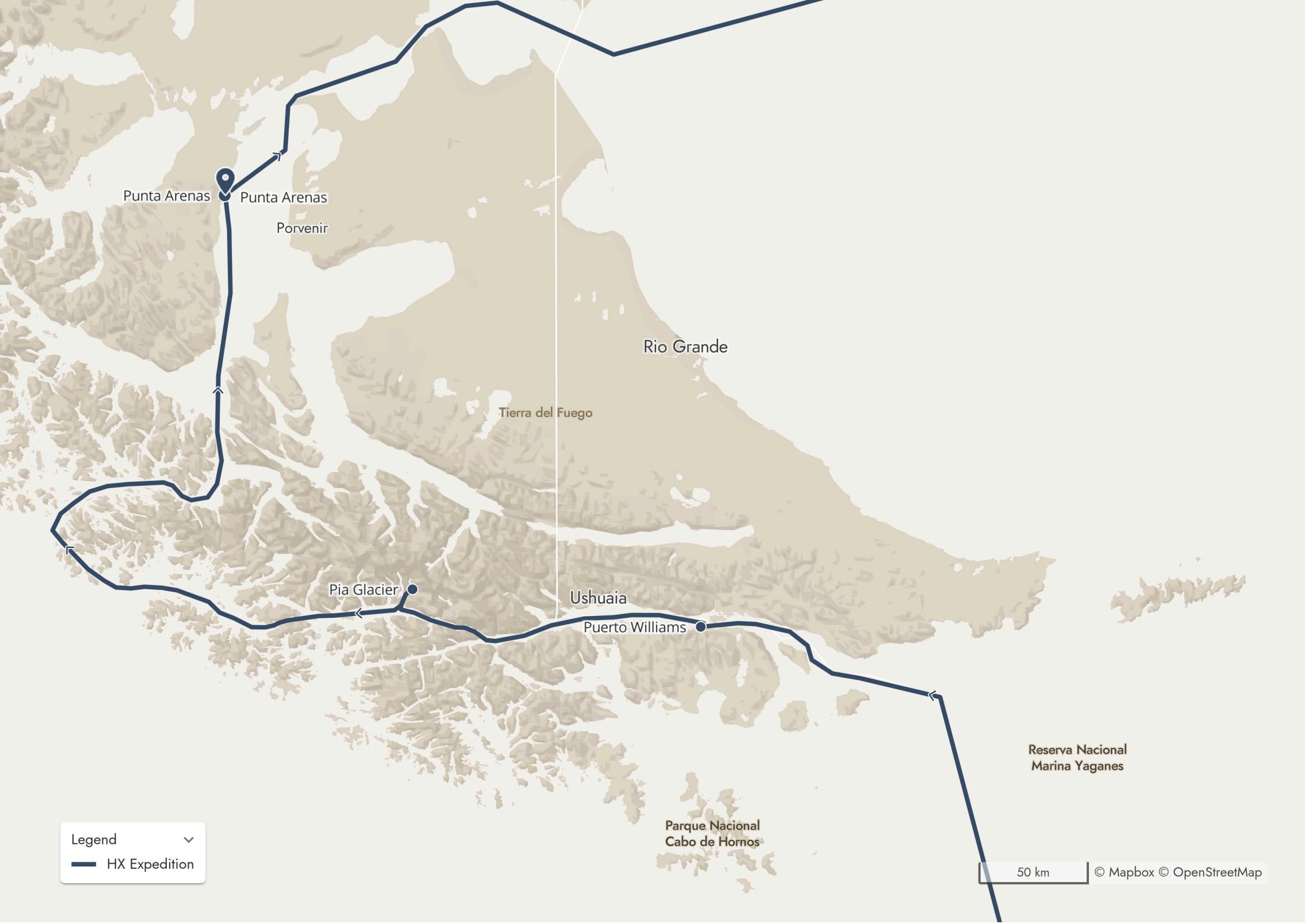


## Day 19

We spent the day at sea and settled into the calm rhythm of the voyage. Our guests joined the morning recap and attended lectures in the Lecture Hall that expanded upon past landings and the natural environment we had explored. Between sessions, guests visited the Science Centre, reviewed samples, and watched the horizon from the

decks. Some took time to organise photos, write notes, or share stories with fellow travellers. As the ship maintained its steady course, we reflected on the days behind us and looked forward to the last stages of our journey together.





## Day 20

We celebrated Christmas while anchored in Puerto Williams. Our morning began with a lecture about life in Puerto Williams before our guests boarded expedition boats for various shore excursions and participated in forest hikes, bird walks, and town tours throughout the

morning. After returning to the ship, our guests spent the afternoon attending lectures on history and climate change. As evening fell, we sailed through Glacier Alley, admiring the stunning scenery from the decks.



Monte Shipton

Cordillera  
Darwin Icefield

Pia Glacier

Pico Jano

Glaciar Ron

Legend  
HX Expedition

3 km

© Mapbox © OpenStreetMap

## Day 21

Today, we navigated the breathtaking Chilean Fjords. We began our morning with a landing at Pia Glacier, with beautiful views of the glacier among the trees. On board, our guests attended a final science recap and a lecture on energy transition. Then the guests

joined Captain Terje for a farewell drink, participated in a charity auction, and ended the day with a voyage recap video by our talented photographer.





Punta Arenas, Chile - Dec 27, 2025

HX

[logbook.travelmap.net/20251206-frant2511](http://logbook.travelmap.net/20251206-frant2511)