

MS FRAM

2025.07.06 - 2025-07.15



Greenland Sea



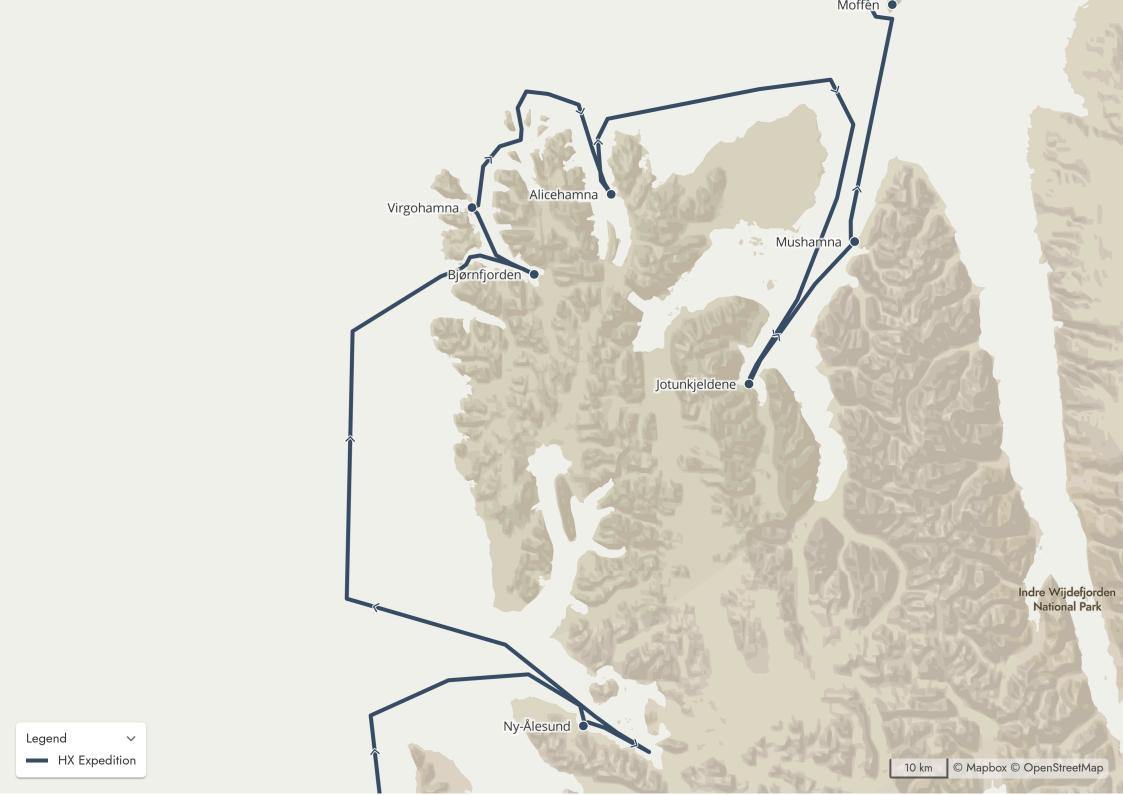
Longyearbyen

Embarkation day in Longyearbyen begins with guests arriving and settling in, taking time to explore the town's surroundings or visit local museums before boarding MS Fram. The afternoon program includes collecting expedition jackets in the Science Centre and boots in the Lecture Hall, both being essential for upcoming shore landings. All

guests attend a mandatory safety drill in the Explorer Lounge, ensuring everyone is familiar with onboard procedures. Throughout the day information about the cruise, the daily program and services are available via the HX app and cabin TV.







Ny-Ålesund

Our day began with briefings on AECO guidelines and polar bear safety, which were required for our landings in Svalbard. We also had options to join a wildlife watch, design postcards at the art corner or learn about the onboard science program. In the afternoon, we reached Ny-Ålesund, where we participated in guided walks to learn

about the research town. The day continued with a scenic sail in Kongsfjorden, followed by a lecture on the "Frozen World of Svalbard." We concluded the evening with the Captain's welcome, where we met the officers and crew.





Bjørnfjorden - Jul 8, 2025 154.1 km

Bjørnfjorden & Alicehamna

Our morning began with a zodiac cruise in Bjørnfjorden. The planned landing in Virgohamna was cancelled due to the sighting of two polar bears, which led us to land at Alicehamna in Raudfjorden instead. Throughout the day, some of us participated in a kayaking

adventure and then attended a lecture titled "19th Century Cape Canaveral". In the evening we received a briefing on the following day's itinerary.





Virgohamna, Norway - Jul 8, 2025



Alicehamna - Jul 8, 2025 48.2 km





Jotunkjeldene, Mushamna & Moffen

Our day began with a landing at Jotunkjeldene, where we went ashore for an exploration. In the afternoon, we moved to Mushamna for a second landing. Here, some of us participated in a polar plunge from the beach, while others joined science boat excursions. Onboard,

there was a presentation on Antarctica and the evening begun with a briefing on the plans for the next day followed by scenic cruise around Moffen island, where we spotted many walruses.





Mushamna, Norway - Jul 9, 2025 29.9 km







Sea Ice Edge - Jul 10, 2025

173 km

Pack Ice

We began the day on the bow, with a Wild Life Watch. Later, the expedition team gave a lecture on polar bear biology and culture. We joined a citizen-science session, mapping clouds to support NASA research. In early afternoon we reached the ice edge and launched zodiacs, steering between floes. A hands-on plankton workshop

deepened our understanding of Arctic ecosystems. An unannounced polar plunge followed; several volunteers jumped into the frigid 80° N water. Evening plans concluded with a briefing, outlining tomorrow's evolving exploration possibilities for us.







Alkefjellet & Torellneset

We began with zodiac cruising at Alkefjellet, navigating among towering bird cliffs where thousands of seabirds nested on rocky ledges. The expedition team guided us through the dramatic landscape of these vertical rock formations. Once back on board we attended a lecture focusing on Arctic sea ice; learning about its role

as earth's protective layer. The afternoon brought us to Torellneset for a landing, where we walked across the tundra and observed the behaviour of a huddle of walruses. Some of us participated in a science boat session, contributing to research efforts while exploring the area.





Torellneset - Jul 11, 2025 53.8 km





Blåsvellbreen - Jul 11, 2025 46.7 km







Sundneset - Jul 12, 2025 140.6 km

Sundneset

We made our landing at Sundneset, disembarking onto the Arctic terrain where we walked the tundra and observed local wildlife in their natural habitat. The bravest among us began an extended hike across the landscape, exploring guided trails through the Arctic environment. Back onboard, we participated in a ship-wide scavenger hunt, searching various decks for hidden clues. We attended a

lecture on Arctic seabirds and their adaptations to the climate.

Afterwards the science centre session examined ice formations and their significance. An Iceland travel inspiration talk sparked future expedition ideas. We concluded with a charity auction and a band night celebration.





Samarinbreen & Burgerbukta

We begun the day with zodiac cruising at Samarinbreen glacier, where a few of us spotted seals amongst the ice formations. The expedition team guided us through the dramatic glacial landscape during our morning exploration. Back aboard, we attended lectures on Svalbard's geological history. Kayak groups and science boat sessions contributed to researching while exploring the area. That

same afternoon we arrived at Burgerbukta for a landing, beluga whales approached the landing site as we disembarked. We strolled across the tundra and observed Arctic wildlife in their natural habitat. To end the day a polar plunge offered brave volunteers another icy challenge before concluding our Svalbard discoveries.





Burgerbukta, Norway - Jul 13, 2025





Hornbreen - Jul 13, 2025 23.7 km

Bamsebu, Norway - Jul 14, 2025

Bamsebu

We made our final landing at Bamsebu, the expedition team guided us through this historic site during our morning exploration. Back aboard, we attended a disembarkation talk outlining departure procedures. We participated in a final plankton session at the science centre, examining Arctic marine life under microscopes. We returned

our expedition gear and gathered for the captain's farewell reception.

The evening concluded with a voyage slideshow featuring photographs from our Arctic journey. We reflected on our discoveries while preparing for departure, having completed our comprehensive Svalbard expedition experience.





Longyearbyen - Disembarkation

In the quiet light of polar day, our time together in Longyearbyen drew to a close. Early morning disembarkation marks the end of a journey shaped by exploration, learning and valuable shared experiences in the Arctic's unique environment. As we step ashore, we take with us memories of diverse landscapes, notable wildlife

encounters, and the connections formed with fellow travellers and crew alike. Though our voyage ends, the sense of curiosity and respect for the Arctic's delicate beauty endures. Wishing everyone safe onward travels, with the hope that the insights and moments from this expedition continue to resonate beyond Svalbard.

