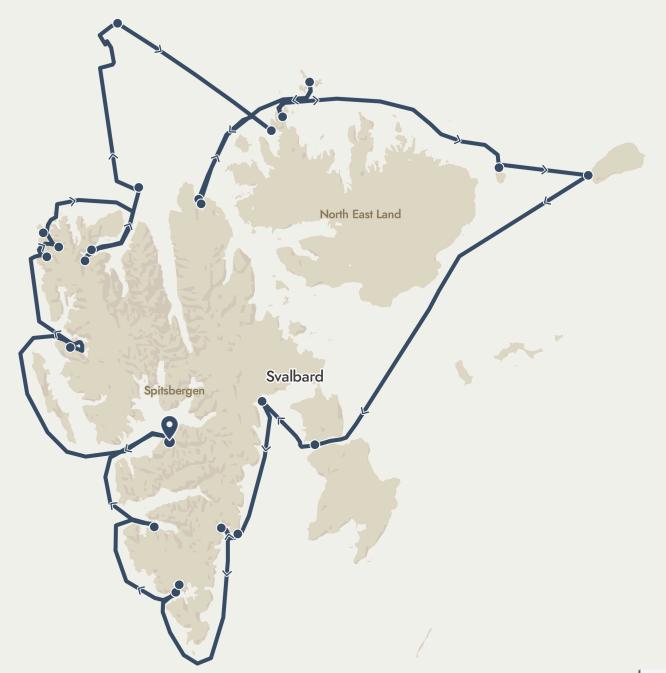


MS FRAM

2025.06.24 - 2025.07.06



## Longyearbyen - Embarkation

Embarkation day in Longyearbyen begins with guests arriving and settling in, taking time to explore the town's surroundings or visit local museums before boarding MS Fram. The afternoon program includes collecting expedition jackets at the Science Center and boots in the Lecture Hall, both essential for upcoming shore landings. All guests

attend a mandatory safety drill in the Explorer Lounge, ensuring everyone is familiar with onboard procedures. Throughout the day, information about the cruise, daily program, and services is available via the HX app and cabin TV.





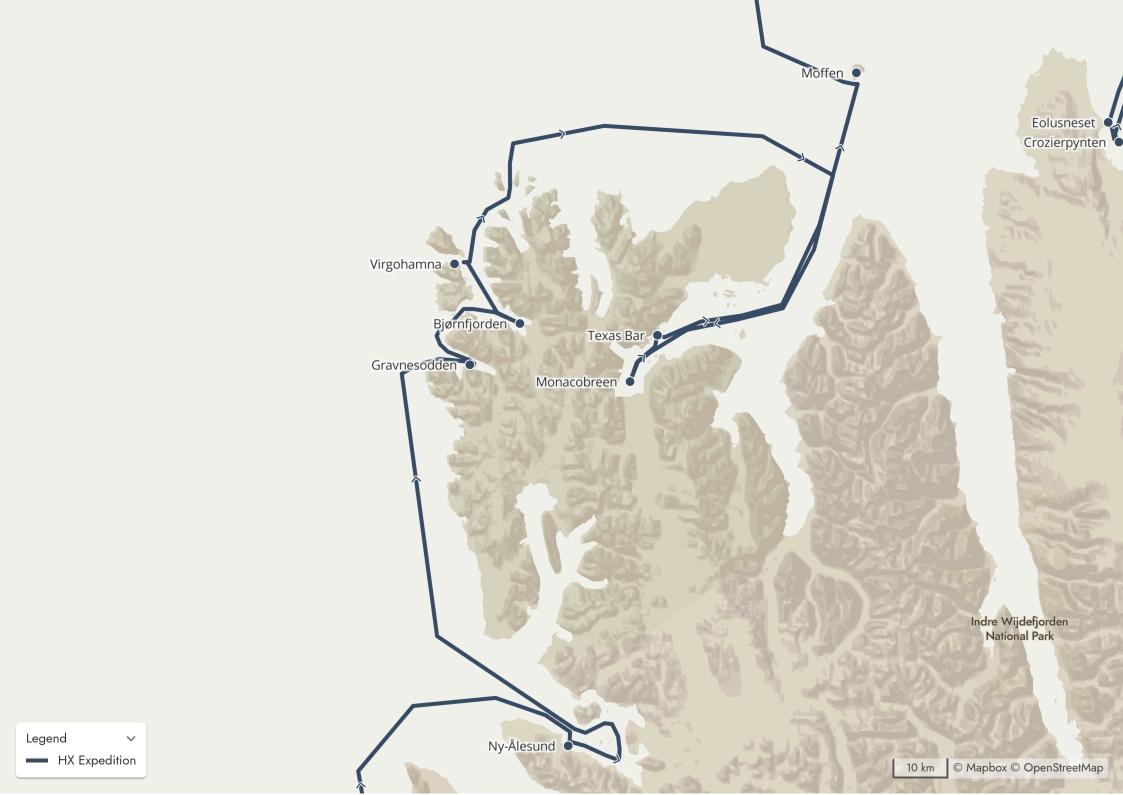
# Ny-Ålesund

Today in Ny-Ålesund, we enjoyed a day filled with diverse activities both onboard and ashore. Our morning started with the mandatory AECO briefing, followed by a wildlife watch that encouraged us to observe our surroundings closely. We then attended a kayak briefing and learned about the ship's science program, which inspired many questions. In the afternoon, we explored Ny-Ålesund on guided walks

in organized boat groups, discovering its unique history and landscape. Later, we sailed to witness the impressive views of Kongsfjorden and the majestic Kongsbreen glacier. The day ended in the Explorer Lounge with the Captain's Welcome, connecting us with the officers and the expedition team.







Gravnesodden, Norway - Jun 26, 2025



### Gravnesodden, Bjørnfjorden & Virgohamna

We began the day with plans for a Gravnesodden landing, but everything changed when we encountered a polar bear mother and her cub at the site. This remarkable wildlife sighting prompted a swift change of course, and we set out on an exhilarating zodiac cruise in Smeerenburgbreen, Bjørnfjorden, where we were thrilled to spot our

third polar bear of the journey. Later, we landed at Virgohamna and explored its evocative historical remains. Walking among relics of the André and Wellman expeditions, we reflected on the endurance and ambition that defined early polar exploration, adding depth to our Arctic experience.



Monacobreen - Jun 27, 2025

139.6 km

#### Monacobreen & Texas Bar

We explored two remarkable landing sites, starting with Monacobreen, where the vast glacier front dominated the landscape and towering mountains framed the fjord. Zodiac cruising brought us close to shimmering blue ice and the occasional sound of calving glaciers. Later, we landed at Texas Bar, a historic trapper's cabin nestled in Liefdefjorden. This modest shelter, once home to hardy

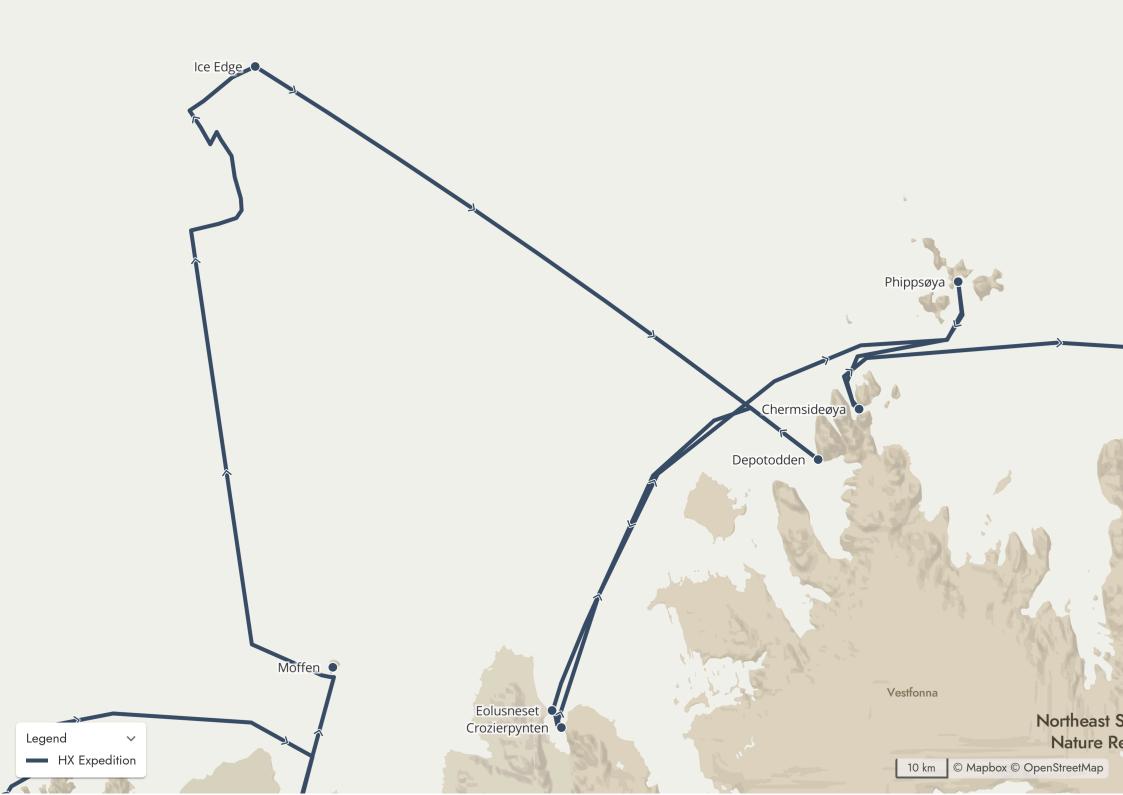
hunters, now serves as a refuge and a window into Svalbard's past.

Both sites offered unique perspectives on Arctic wilderness,
providing opportunities to observe wildlife and immerse ourselves in
the region's raw, untouched beauty—blessed by perfect conditions
throughout the day.



Texas Bar, Norway - Jun 27, 2025





Ice Edge - Jun 28, 2025

146.1 km

### Pack Ice Exploration Day

We spent the day navigating through the pack ice, surrounded by breathtaking views and the ever-changing Arctic landscape. The morning began with a wildlife watch from the bow, where we scanned the frozen expanse for any signs of movement. Later, we attended an engaging lecture on Arctic sea ice and its crucial role in the environment. Some of us took part in the NASA GLOBE Cloud

Observer activity, learning how to identify clouds as part of global climate research. In the afternoon, Zodiac cruising offered a closer look at the ice formations and the serene beauty of the polar region. The highlight of the day was a surprise tender-pit Polar Plunge, where twenty guests bravely jumped into the icy waters at 80° North — bravo!





#### Depotodden & Eolusneset

Today required us to adapt our plans as we navigated several unexpected challenges. We had to cancel our landing at Depotodden due to fast ice blocking the way, making access impossible.

Eolusneset was also removed from the schedule because of rough conditions that prevented a safe approach. At Crozierpynten, we

made the decision to cancel after a polar bear was spotted just two miles from the landing site, prioritizing everyone's safety. Despite these changes, we made the most of our time onboard, engaging in lectures and activities that kept spirits high and our sense of exploration alive.

Eolusneset - Jun 29, 2025

88.9 km

Crozierpynten - Jun 29, 2025

4.3 km



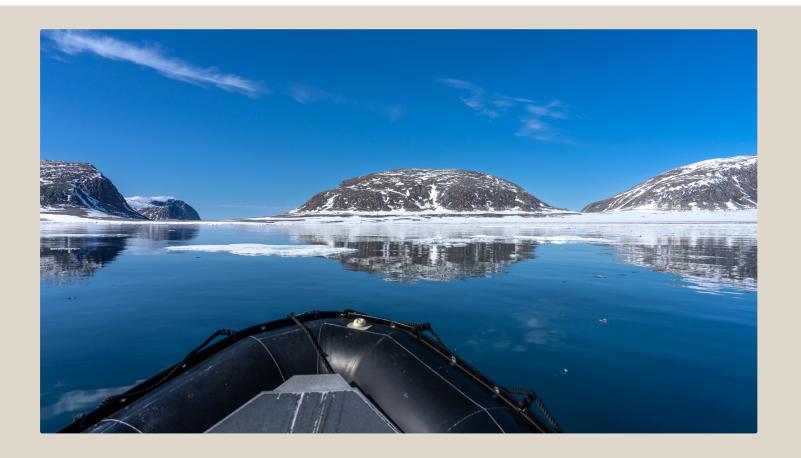


# Phippsøya & Chermsideøya

We managed a memorable landing at Phippsøya, enjoying a scenic cruise through the slush ice that set a striking Arctic atmosphere.

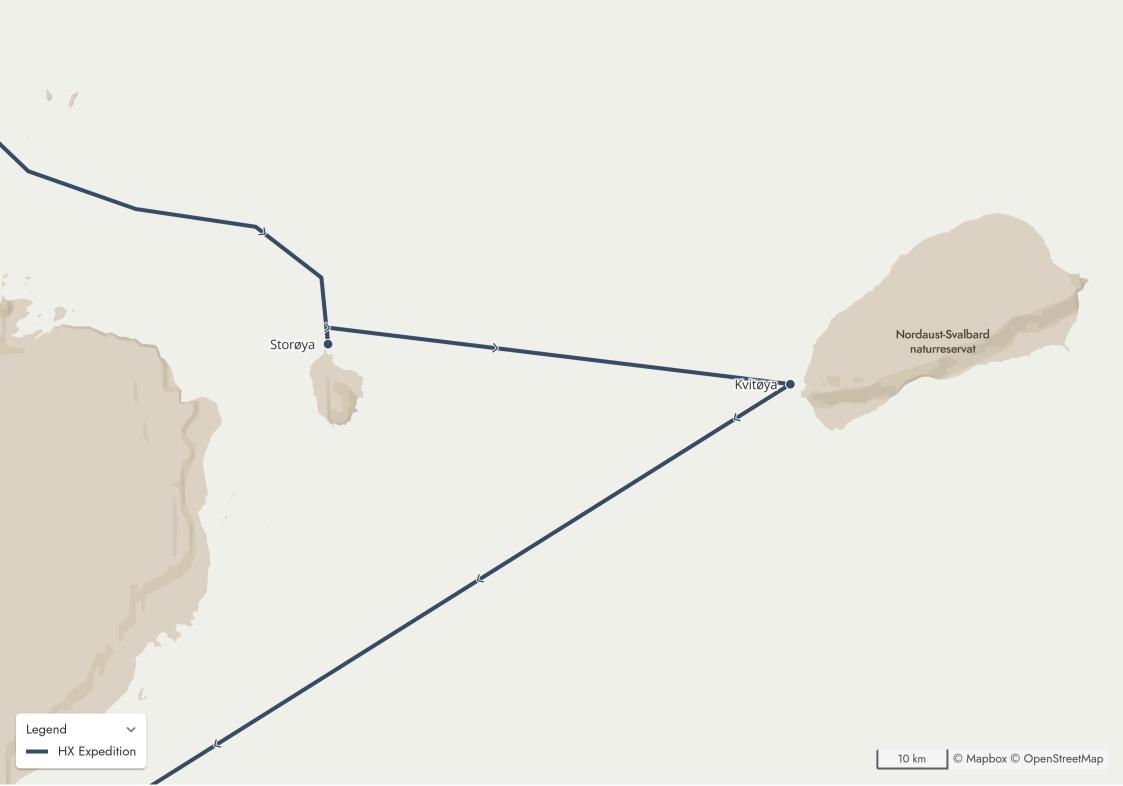
Later, we visited Chermsideøya, where the weather was fantastic and conditions were ideal for exploring. On the beach, we discovered historic stone graffiti—names and dates carefully arranged with

stones, telling stories from past expeditions. This unique cultural feature added a sense of connection to the explorers who came before us. The day's experiences highlighted the region's natural beauty and rich history, leaving us with a strong sense of accomplishment and appreciation for the High Arctic.



Chermsideøya - Jun 30, 2025 39.5 km

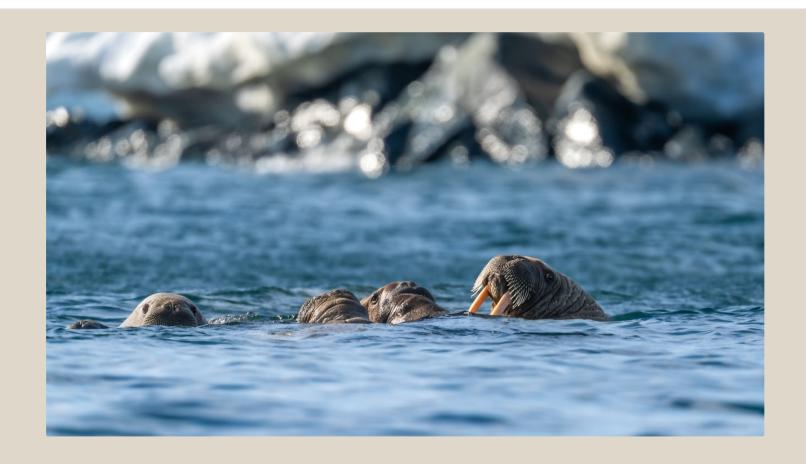




### Storøya & Kvitøya

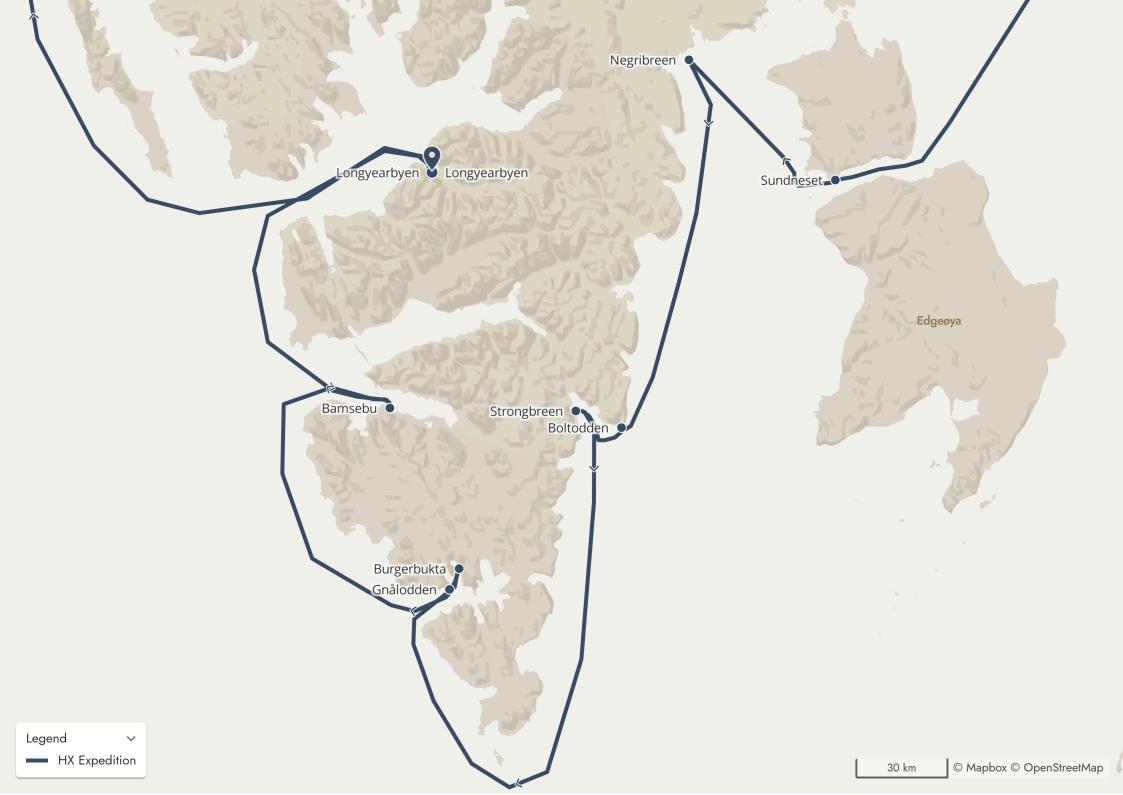
We started the day with a Zodiac cruise at Storøya, enjoying the Arctic scenery from the water. Later, as we approached Kvitøya, we spotted three polar bears near the shore, which led to the cancellation of our planned cruising there. The sighting of these remarkable animals was a highlight, offering a rare and memorable experience.

Afterwards, we gathered for a lecture on seabirds, deepening our understanding of the diverse avian life in the region. The day's events left us with a strong sense of appreciation for the wildlife and the unpredictability of Arctic exploration.



Kvitøya - Jul 1, 2025 66.7 km



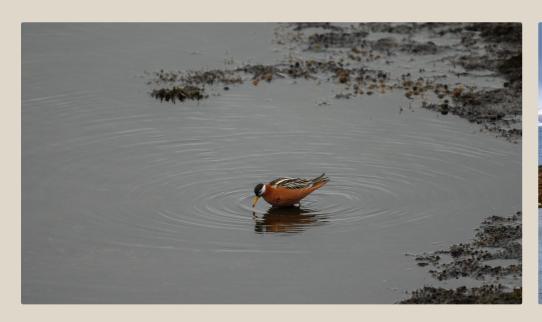


Sundneset - Jul 2, 2025 311 km

#### Sundneset

Our day began with a morning wildlife watch from the bow. We then attended informative sessions, including a lecture on the science of sound in the Arctic Ocean and a hands-on class about minerals. We also contributed to citizen science through the NASA GLOBE Cloud Observer project. The afternoon was highlighted by our landing at

Sundneset, where some of us went on an extended hike. In the evening, we learned about the next day's plans before attending a charity auction for the HX Foundation. The day finished with live music from the Seasickness Band.





Negribreen - Jul 3, 2025 63.4 km

# Negribreen, Boltodden & Strongbreen

Our day required flexibility due to the prevailing conditions. The morning Zodiac cruise at Negribreen was cancelled because of fog. We then navigated to Boltodden, but strong breakers along the coast prevented a landing. Adapting our plans, we proceeded to Strongbreen for a late afternoon Zodiac cruise. While onboard, we

attended lectures on the geological history of Svalbard and the impact of underwater noise on marine life. We also learned how to identify clouds as part of a NASA citizen science project, contributing valuable data to climate research.

Boltodden - Jul 3, 2025

123 km

Strongbreen - Jul 3, 2025

23 km





Gnålodden - Jul 4, 2025 228.6 km

# Gnålodden & Burgerbukta

Our morning was dedicated to exploring Gnålodden and its towering bird cliffs. We went ashore in groups to experience the landscape near the noisy nesting colonies. During the landing operation, a polar bear was spotted swimming near the ship. While the sighting was a memorable event, the shore visit for the final group was cancelled for

safety. In the afternoon, we navigated into Burgerbukta, where a second landing took place. An extended hike was planned but had to be cancelled due to deep snow on the trail. Ultimately, the day's events served as a reminder that we are visitors in this wild domain.





Bamsebu, Norway - Jul 5, 2025

152.2 km

#### Bamsebu

Our day began with a landing at Bamsebu, where we went ashore in boat groups to explore the remnants of an old whaling station and the scattered bones of belugas—poignant traces of the past. After returning to the ship, our afternoon was dedicated to preparing for departure. We attended a disembarkation briefing, followed by a Science Recap with the Expedition Team, reflecting on the discoveries

made throughout our voyage. Later, we returned our muck boots and gathered in the Explorer Lounge for the Captain's Farewell. The evening concluded with a voyage slideshow—a chance to look back on our shared experiences and celebrate the journey we've taken together.





#### Longyearbyen

In the quiet light of polar day, our time together in Longyearbyen draws to a close. Early morning disembarkation marks the end of a journey shaped by exploration, learning, and shared experiences in the Arctic's unique environment. As we step ashore, we take with us memories of diverse landscapes, notable wildlife encounters, and the

connections formed with fellow travellers and crew. Though our voyage ends, the sense of curiosity and respect for the Arctic's delicate beauty endures. Wishing everyone safe onward travels, with the hope that the insights and moments from this expedition continue to resonate beyond Svalbard.

